



**Nasco**  
Education™

Empowered teachers, engaged students

SEL &  
Mental Health

# Easy SEL for every student


Support students' mental health with open-and-go kits, sensory tools, and SEL essentials




**20 new products inside! ▶**

**NEW**


# products for all ages



**Turn breathing into fun**  
Calm Caterpillar® Bloomie Breathing Toy, see p. 9



**Encourage open dialogue**  
Talk-It-Out: A Board Game Designed to Encourage Teens to Communicate, see p. 12



**Assist with self-regulation**  
Nasco Sensory & Self-Regulation Toolkit, see p. 9



**Support healthy coping skills**  
Kids Can Cope Complete Series 8-Book Set, see p. 15



**Build fine motor skills**  
Ready2Learn® Easy Grip Dough and Paint Stampers - Emotions, see p. 21




**Teach empathy & compassion**  
The Helping, Sharing & Caring Board Game, see p. 11



**Build emotion management**  
The Talking, Feeling & Doing Board Game, see p. 11



**Promote meaningful convos**  
100 Interactive Questions Card Game, see p. 14




**Foster positive self growth**  
Being the Best Me!™ 8-Book Set, See p. 15



**Teach emotion recognition**  
Ready2Learn® Giant Stampers - Feelings, see p. 21



**Spark meaningful discussions**  
Social and Emotional Health Throw & Know™ Activity Ball, see p. 14



**Reduce loud & harmful noise**  
Noise-Reducing Protective Earmuffs, see p. 30



**Squish, dance & hop around**  
Kore Design™ Liquid Sensory Mat, see p. 28



**Offer flexible seating options**  
Office Adjustable Pivot Stool, see p. 31



**Wiggle out excess energy**  
Kore Design™ Kids Adjustable Pivot Stools, see p. 29



**Sit & take time for mindfulness**  
Calm Caterpillar® Meditation Cushion, see p. 23

## Find more at [nascoeducation.com/sel](https://nascoeducation.com/sel)

**Ordering information**  
1.800.558.9595  
Monday - Friday 7 a.m. - 5 p.m. CST

[nascoeducation.com](https://nascoeducation.com)  
[orders@nascoeducation.com](mailto:orders@nascoeducation.com)

FAX 1.800.372.1236  
901 Janesville Ave.  
Fort Atkinson, WI 53538

Sales tax collected in AL, CA, FL, GA, IL, IN, KS, MA, MD, MI, MN, MO, NJ, NY, OH, PA, SC, TN, TX, UT, WA, WV, and WI. For more details, including sales tax exemption information, visit [nascoeducation.com/sales-tax](https://nascoeducation.com/sales-tax).

**Nasco Education Price Change Policy**  
Due to unforeseen cost increases or operational changes, we reserve the right to change published catalog prices or our shipping policy without notice. Refer to our website for the most current pricing. Some products may be excluded from further discount. Please contact us for a quote.  
Certified in a program of toxicological evaluation by a medical expert to contain no materials in sufficient quantities to be toxic or injurious to humans or to cause acute or chronic health problems.  
Ships direct from factory. May require extra delivery time. Additional shipping charges apply.  
For more information, visit [nascoeducation.com/shipping](https://nascoeducation.com/shipping).

**Choking hazard label information**  
⚠️ **CHOKING HAZARD (1)** WARNING: CHOKING HAZARD - Small Parts. Not for children under 3 yrs.  
⚠️ **CHOKING HAZARD (2)** WARNING: CHOKING HAZARD - Children under 8 yrs. can choke or suffocate on uninflated or broken balloons. Adult supervision required. Keep uninflated balloons from children. Discard broken balloons at once.  
⚠️ **CHOKING HAZARD (3)** WARNING: CHOKING HAZARD - This toy is a small ball. Not for children under 3 yrs.  
⚠️ **CHOKING HAZARD (4)** WARNING: CHOKING HAZARD - Toy contains a small ball. Not for children under 3 yrs.  
⚠️ **CHOKING HAZARD (5)** WARNING: CHOKING HAZARD - This toy is a marble. Not for children under 3 yrs.  
⚠️ **CHOKING HAZARD (6)** WARNING: CHOKING HAZARD - Toy contains a marble. Not for children under 3 yrs.

# TAKE STUDENTS ON A SKILL-BUILDING JOURNEY

Share learning experiences that will set them up for a lifetime of success



## Nasco SEL Journal and Passport Kits

Take your students on a journey of self-reflection and skill-building. By the time they complete their passports, they'll be well on their way to building leadership, resilience, and public speaking skills. Each kit includes everything that 30 students need to complete the unit. Includes passports, certificates of achievement, and a teacher guide. Deluxe Kits also include journals and colored pencils.

- For Grades K-5**  
**NE40284** Leadership Deluxe Kit  
**NE40492** Leadership Basic Kit  
**BEST SELLER NE40285** Resilience Deluxe Kit  
**NE40489** Resilience Basic Kit

- For Grades 6-12**  
**NE40286** Leadership Deluxe Kit  
**BEST SELLER NE40491** Leadership Basic Kit  
**NE40287** Public Speaking Deluxe Kit  
**NE40490** Public Speaking Basic Kit

**Best Seller**



## Nasco First Aid Kit: Student Mental Health

When students feel overwhelmed, they can pull out an SEL first aid kit and use the 6 activities and sensory objects to manage their emotions. Each individual kit includes one 16-page activity booklet, 1 plastic storage pouch, 1 scented eraser, 1 sea shell, 1 plastic mirror, and 3 plastic-coated paper clips. The classroom kit includes 30 individual kits and a lesson plan that provides activity walkthroughs, discussion topics, and extension ideas. ⚠ CHOKING HAZARD (1). Not for under 3 yrs.

- For Grades K-5**  
**NE40156** Classroom Kit  
**NE40158** Individual Kit
- For Grades 6-12**  
**NE40157** Classroom Kit  
**NE40159** Individual Kit



# NURTURE GOOD CHARACTER

Help students develop their character and recognize good traits in others



## Nasco Grow Your Character Classroom Kit

**Gr. 2-5** Just like flowers, good character traits need to be nurtured for them to grow. With this kit, you can engage students in developing good character traits within themselves and recognizing them in others. Kit includes everything that 30 students need to complete this unit: lesson plan with Flower Power Tracker booklet and certificate of achievement reproducibles, chenille stems, construction paper, pom-poms, and a watering can. ⚠ CHOKING HAZARD (1). Not for under 3 yrs.  
**NE40145**



*Have students recognize and reward their classmates*



## Nasco Winning at Relationships SEL Sewing Kit

**Gr. 4-8** Learning how to build strong relationships is one of the most valuable SEL skills your students can develop at school. With this kit, you have what you need to help students create classroom connections, expand their social awareness, and practice hand-sewing. Kit includes everything that 30 students need to complete this unit: lesson plan, felt, embroidery floss, needles, muslin, polyester stuffing, and ribbon. ⚠ CHOKING HAZARD (1). Not for under 3 yrs.  
**NE40289**



*Work together to create a classroom quilt that reflects every student*



## Nasco SEL Classroom Quilt Kit

**Gr. K-5** Help students explore the meaning of community and reflect on what makes them an important part of their communities. The unit results in a colorful classroom quilt that you can display. Kit supports up to 30 students and includes lesson plan, felt, muslin, fleece, and Aleene's® Tacky Glue®.  
**NE40314**





ONLY AT NASCO

**Nasco SEL Affirmation Kits**

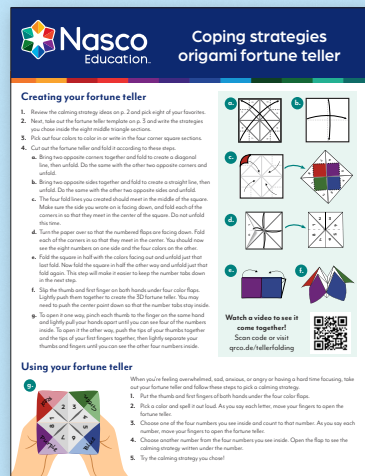
Give students everything they need to learn how to use their inner voice to motivate themselves, soothe anxiety, and boost their self-esteem. Each kit includes 25 affirmation cards, coloring materials, a fidget, and an SEL activity.

NE40576 Gr. K-5

Gr. 6-12

NE40577 Gr. 6-12

**Free Download**  
Coping strategies origami fortune teller



**DOWNLOAD NOW**



**Nasco Emotions in Motion SEL Kit**

**Gr. 2-4** Students are inundated with countless emotions every day and it can be overwhelming. With this kit, you have what you need to teach them to recognize and control those emotions. Kit includes everything that 30 students need to complete the activities in this unit: lesson plan, Emotions Balls (NE40154), paper fasteners, and poster board. ⚠️ CHOKING HAZARD (3). Not for under 3 yrs. NE40288



ONLY AT NASCO



Includes 6 biographies

**Understanding Others, Understanding Ourselves: A Social Awareness SEL Kit**

**Gr. K-3** Help students learn to talk about differences between people and groups with a kaleidoscope of experiences, histories, abilities, and points of view, while helping them also discover the building blocks of leadership and the power of our similarities. Kit provides great context for current events and social movements. NE40035

Includes 30 days of CASEL-aligned prompts

ONLY AT NASCO



**Nasco SEL Reflections Journal Kit**

**Gr. K-8** Self-reflection, self-awareness, and self-management are important components of social-emotional learning—and maybe critical during the pre-teen and teen years. This journaling kit gives students a kick start on what can be a difficult task with 30 days of prompts built around CASEL's core competencies. Works for in classroom learning or when students are part of your virtual education program. NE40004



**Calm Yoga Kit**

Help students relax and refocus their energy when they need a break. Kit comes with 5 yoga mats and 16 photographic yoga cards to illustrate different poses. NE40501

**SEL Game Set for Teens**

Practice communicating, self-esteem, recognizing red flags, taking responsibility, making good choices, overcoming social anxiety, and more. Includes Healthy Relationships Bingo for Teens, Self-Esteem Bingo for Teens, In a Jar® Communication and Choices Game Set, and Mumble Jumble: A Social Conversation Game. NE40575



**Best Seller**

**Nasco I Spy, I Move: Self-Management Adventures in Body and Mind Kit**

**Gr. PreK-3** Get outside, find some bugs, and let the fun begin. Use this kit in class, for after-school programs or summer camps. Watch how bugs move, compare their speeds, monitor distances traveled, and then see how students can do the same. SEL reflections included on included instructions. Kit includes "Everything You Need to Know About Bugs" book, Eye Spy magnifying bug viewer, bug net, pedometer, digital stopwatch, retractable tape measure, composition book, direction sheet, and drawstring bag. NE40047



ONLY AT NASCO

Best Seller

Reduce students' sensory input to help them manage overwhelming emotions



NE40142

Nasco Calming Corner Kits

Gr. PreK-5 Create a quiet space for students to relax, refocus, and manage overwhelming emotions. These kits contain items designed to meet their sensory and SEL needs, including tactile manipulatives, wiggly cushions, a weighted pillow, and art supplies. The deluxe kit also contains a black out tent. See full kit contents on nascoeducation.com. CHOKING HAZARD (1). Not for under 3 yrs. NE40142 Standard NE40143 Deluxe

ONLY AT NASCO



Deluxe kit also contains a blackout tent

NE40143

NEW



A

A. The Talking, Feeling & Doing Board Game Use this game in the classroom, one-on-ones, or in the school counselor's office to help you identify the best social-emotional interventions for your students. Three types of cards offer engaging prompts and the student's responses reveal directions for therapeutic intervention. Includes 324 cards. CHOKING HAZARD (1). Not for under 3 yrs. NE40652

NEW



B

B. The Helping, Sharing & Caring Board Game Gr. PreK-7 Develop critical communication and social skills with a fun board game! Students are introduced to important issues, including self-esteem, manners, safety, ethics, values, health, consideration for others, interpersonal relations, the value of learning, sympathy, empathy, and competence. For 2-6 players. CHOKING HAZARD (1). Not for under 3 yrs. NE40654

C



Present real-life situations and make dealing with them fun with this game

C. The Coping Skills Game Promotes social and emotional learning and provides tools for emotional self-care. Students will learn to deal with feelings, adjust attitudes, discover choices, and more. For 2-4 players. CHOKING HAZARD (1). Not for under 3 yrs. SN37253

D



D. The Social and Emotional Competence Board Game Promotes social and emotional learning by having students answer questions posed on the game cards. Cards cover 5 topics: sharing feelings, getting along, caring, communication, and cooperating. Game board, die, pawns, 5 decks of cards, and directions. For 2-6 players. CHOKING HAZARD (1). Not for under 3 yrs. SN37252

E



E. Stop, Relax, and Think Board Game Helps students learn motor control, relaxation skills, how to express feelings, and how to problem solve. Useful as a diagnostic and treatment tool. For 2-6 players. CHOKING HAZARD (1). Not for under 3 yrs. SN37094

F



F. Mumble Jumble: A Social Conversation Game Gr. 5-10 Help students practice conversation in a safe, structured environment. Working in teams, students try to make logical conversations from sets of unordered bits of dialogue. They then discuss the conversation and the mood, feelings, and nonverbal cues such as inflection, tone, body language, facial expression, and eye contact that accompanied it. SN37255

G



In a Jar® Game Sets Get students talking about their feelings and focusing on the positive with the portable games in this set! Use the questions and prompts in each game jar for group activities, ice-breakers, and discussion starters.

H

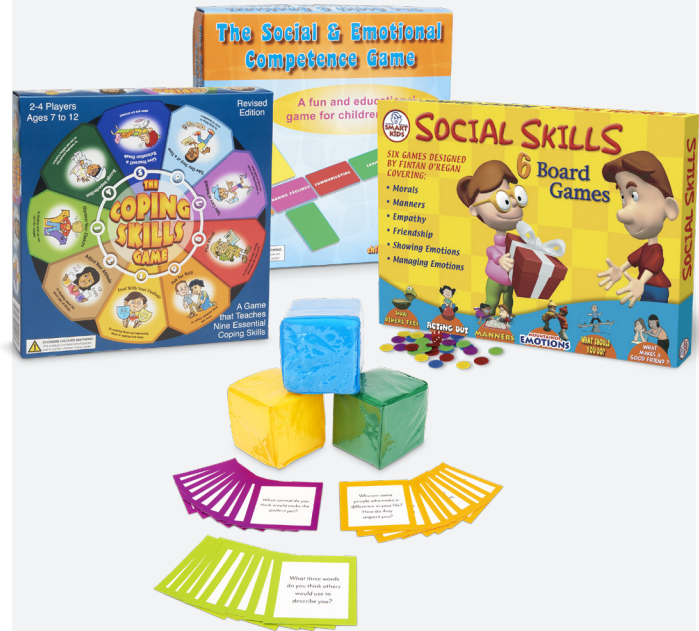


G. NE40456 Feelings and Mindfulness H. NE40470 Communication and Choices



Social Skills Board Game Set

Helps students learn how to control emotions and make friends. For 2-6 players or teams. Includes one of each game below. CHOKING HAZARD (1). Not for under 3 yrs. SN02905 SN01306 Friendship Island® SN02807 Escape from Anger Island™ SN02806 Impulse Control Game™



SEL Game Set 1

Practice coping skills, cooperating, sharing feelings, communicating, manners, and more! Includes The Coping Skills Game, The Social & Emotional Competence Game, Nasco Curiosity Cubes Conversation Starter Kit, and Social Skills Board Games. CHOKING HAZARD (1). Not for under 3 yrs. NE40570



**Social Skills Board Games**  
**Gr. 1-5** Six games have players discuss the solutions to socially challenging situations and work together to decide upon the best course of action. **CHOKING HAZARD (I).** Not for under 3 yrs. **SB46274**

## THE BUCK STOPS HERE WITH BULLYING

Teach students how to protect themselves and stand up for others

**Best Seller**



**Self-Esteem Bingo for Teens**  
**Gr. 7+** Explores 5 different areas specifically targeting self-esteem issues. Also includes 2 reproducible handouts and facilitator's instruction sheet. For up to 16 students. **CHOKING HAZARD (I).** Not for under 3 yrs. **SB38587**

**Best Seller**



**Healthy Relationships Bingo for Teens**  
**Gr. 7+** Teach the skills needed for healthy relationships in a nonthreatening format. Use the 5 sets of calling cards to teach each topic systematically. Process the sessions with the reproducible laminated handout afterwards. For up to 16 students. **CHOKING HAZARD (I).** Not for under 3 yrs. **SB38558**

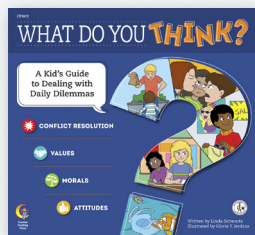


**Stop Bullying Flip Chart Set**  
**Gr. 5-12** Explore bullying, its effects, and prevention. Features ten 12" x 18" two-sided, laminated charts, plus an activity guide with reproducibles. **NE40354**

**NEW**



**Talk-It-Out: A Board Game Designed to Encourage Teens to Communicate**  
**Gr. 6+** The thought-provoking, imaginative questions in this game address cognitive, emotional, and behavioral issues that affect adolescents. Discuss family, friends, feelings, values, dreams, and hopes for the future. **CHOKING HAZARD (I).** Not for under 3 yrs. **NE40655**



**What Do You Think?**  
**Gr. 6+** Helps students develop skills that help make decisions and resolve conflicts. Over 70 situations address family relationships, friendships, peer pressure, etc. Perfect for practice in critical thinking skills, making choices, and setting priorities. 184 pages. **SB53117**

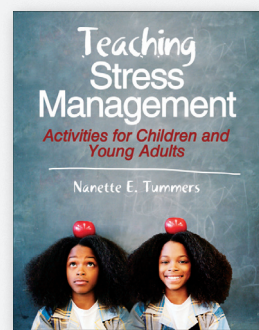


**Digital Dangers: Safe or Unsafe?**  
**Gr. 9+** Explores actions that are safe and unsafe on the internet. Students must place action cards under the category they feel fits the action and discuss their answers. Includes 3 category cards (safe, unsafe, it depends), 30 action cards, instructions, answer key, and safety tips. Laminated. **SB53112**

**Best Seller**



**Bully Prevention Bingo**  
**Gr. 7+** Use a format all teens know and love to provide ready-made prompts that will generate lively discussion to get teens thinking about their attitudes and behaviors. Game comes with 16 laminated bingo cards, 75 calling cards, chips, and reproducible handouts. **SB42968**

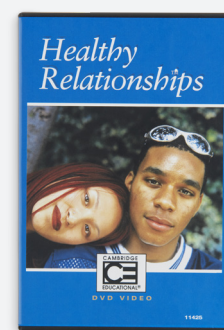


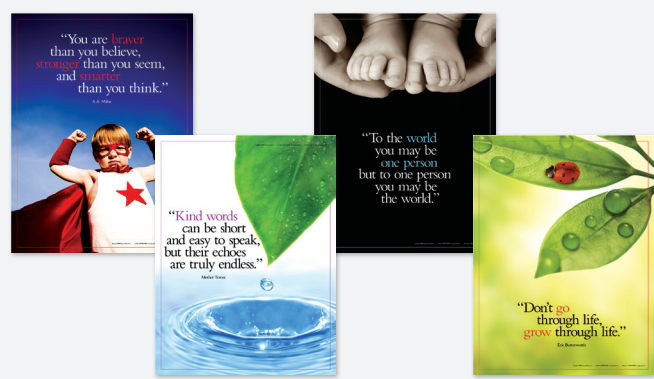
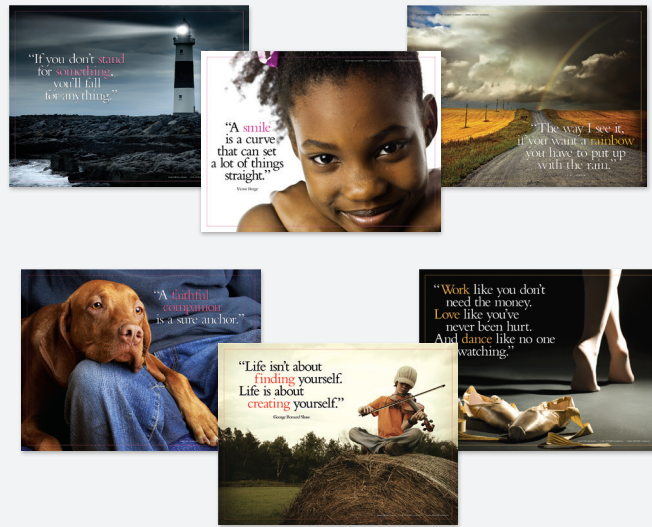
**Teaching Stress Management: Activities for Children and Young Adults Book**  
**Gr. K+** Features 199 low- to no-cost activities that help students in handling stress. Teachers also learn how to incorporate principles of stress management into their lessons and advocate for stress management programs in their schools. 264 pages. **SB48628**



**Roll A Role Bullying Prevention Game**  
**Gr. 1-5** By placing themselves in the role of bully, target, and bystander, this game helps students understand the dramatic impact of bullying and teasing, and develop strategies for stopping it. Insert a card into each pocket on vinyl cube, roll cube, and follow the instructions. Players win points for using an appropriate "Positive Action." For 2-8 players. **SB50776**

**Healthy Relationships**  
**Gr. 7-12** Carefully illustrates unhealthy patterns, then shows the "healthier" approach for dealing with specific relationship issues. Discusses topics such as possessive behavior, mental and physical abuse, jealousy, communication skills, and peer pressure. 30-minute DVD. **WA26176**





**Words of Inspiration Poster Set**

**Gr. 6+** Celebrate, comfort, encourage, and inspire with this collection of decorative posters featuring timeless quotations. Set of 10; 18" x 24" each. Laminated. **WA29287**



NE40198



NE40200



NE40199

**NEW**



**Social and Emotional Health Throw & Know™ Activity Ball**

**Gr. 2–8** Colorful, 16" inflatable ball is perfect for sparking group discussions or individual reflection. With 48 open-ended questions, the ball encourages young people to explore their feelings, values, and relationships while discussing key topics like bullying, online safety, self-esteem, and building positive connections at home and school. Includes activity guide. Latex free. **NE40698**

**NEW**



**100 Interactive Questions Card Game**

**Gr. 6+** The questions in this therapeutic card deck help students think, communicate, and interact on important and relevant topics. There is an optional interactive component in an "Ask the Group" box. 100 cards. **NE40653**

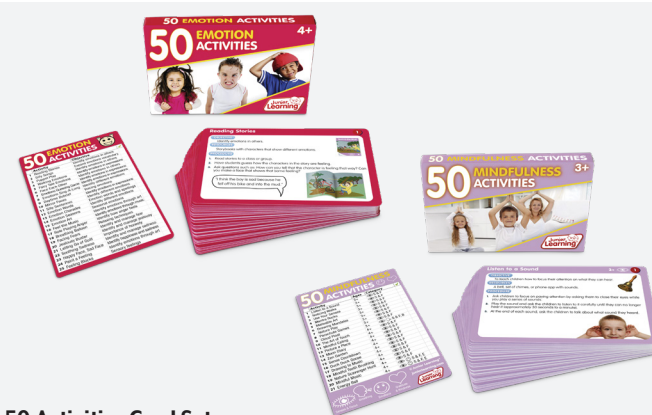
**Social-Emotional Learning Books Sets**

Engage elementary students with SEL topics. These books introduce the five key components of SEL as identified by CASEL: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. ■■■

**NE40198 Gr. PreK–2.** Set of 8

**NE40200 Gr. K–1.** Set of 31

**NE40199 Gr. 2–3.** Set of 20



**50 Activities Card Sets**

**Gr. PreK+** Double-sided activity cards help students learn about emotions and how to manage and express them better. 50 cards.

**Emotion.** Teaches how to identify and express different emotions and group work. **ELI6741**

**Mindfulness.** Teaches focus, breathing skills, how to respond calmly, gratitude, passion, and kindness. **ELI6742**



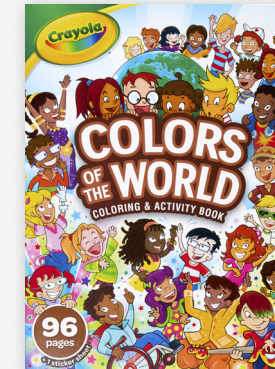
**Teacher Created Resources® Social-Emotional Mood Meters**

Students can circle their current mood to easily let you know if they need more support. Reverse side features a calming sensory and breathing activity. Write-on, wipe-off surface. 36 double-sided strips. 11½" x 3½". **NE40586**



**Crayola® Colors of Kindness Coloring Book**

Encourage students to welcome kindness into their lives and show kindness toward others with this unique coloring book. Includes messages of love and kindness on every page that can be shared with friends, classmates, family, and loved ones. Includes a sticker sheet. 96 pages. **NE40299**



**Crayola® Colors of the World Coloring Book**

Students can color their way around the world with this adventurous coloring book. When paired with coloring tools, the pages in this book will show students the culturally diverse world in its true colors. Includes stickers. 96 pages. **NE40300**

**NEW**

**Being the Best Me!™ 8-Book Set**

**Gr. K–3** Help students learn, understand, and develop attitudes and positive character traits that strengthen self-confidence and a sense of purpose. Diverse, relatable books feature engaging illustrations, real-life situations, and easy-to-understand examples. Includes discussion questions, games, activities, and additional information. **NE40643**



**NEW**

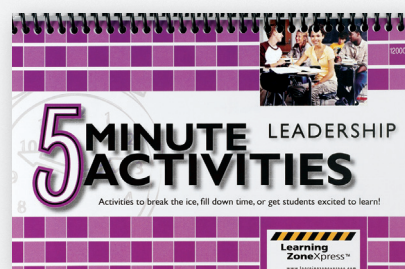


**Kids Can Cope Complete Series 8-Book Set**

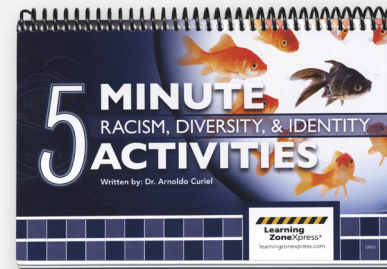
**Gr. 1–4** Set of 8 books offers kids a wide range of practical strategies they can use to cope with difficult feelings and situations, such as anger, worry, teasing, and jealousy. Gentle humor, charming illustrations, and kid-friendly advice — plus additional information for children and adults at the back of each book. **NE40669**



**Best Seller**  
**5-Minute Relationships Activities**  
**Gr. 6+** In just 5 minutes, students will become more informed about communication skills, family, relationships, and more. 52 pages.  
**WA28711**

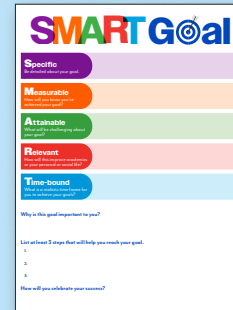


**5-Minute Leadership Activities**  
**Gr. 6+** Topics: leadership qualities, achievable goals, motivation, developing leadership, and more. 50 pages.  
**WA29315**

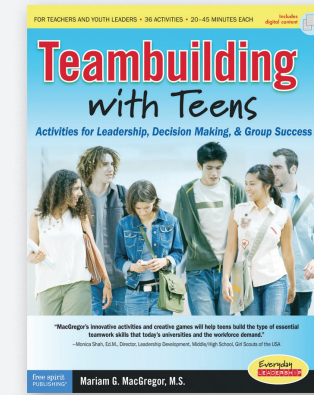


**5-Minute Racism, Diversity, and Identity Activities**  
**Gr. 6+** Introduce a lesson or utilize extra minutes of class time with 50 activities addressing race, diversity, and personal identity, each lasting 5 minutes or less. 50 pages.  
**SB52825**

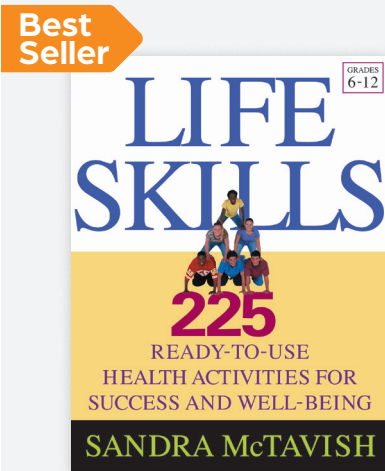
## FREE Download SMART Goals Worksheet



**DOWNLOAD NOW**



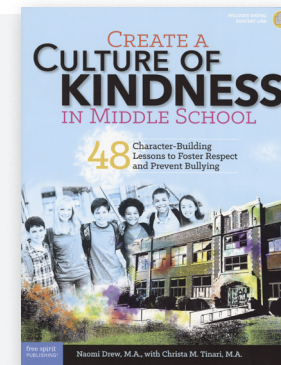
**Teambuilding with Teens**  
**Gr. 6-12** These 36 hands-on activities make learning about leadership meaningful and fun. Teens are called on to recognize each other's strengths, become better listeners, communicate clearly, identify their values, build trust, set goals, and more. 192 pages.  
**WA29591**



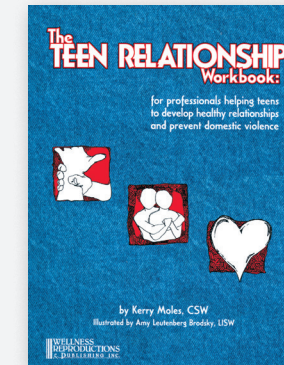
**Best Seller**  
**Life Skills**  
 225 Ready-to-Use Health Activities for Success and Well-Being  
**Gr. 6+** Tackles a wide variety of personal life skills including drugs, sex, nutrition and food-related issues, self-esteem, and more. 225 reproducible worksheets. 288 pages.  
**WA23894**



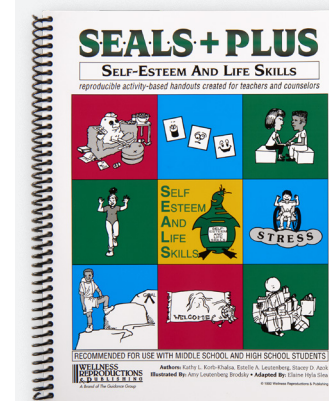
**Understanding Mental Health**  
**Gr. 5+** Takes a sincere and authentic approach in discussing different mental health issues and disorders. Explains the importance of social and emotional health and the symptoms and possible treatments of different mental conditions. Set of 6; 48 pages each.  
**SB51758**



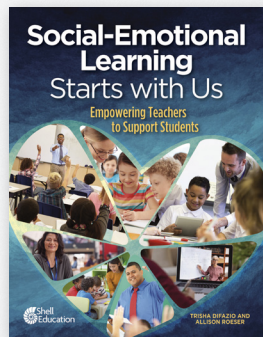
**Create a Culture of Kindness in Middle School**  
 Help students envision and create a school climate of respect, acceptance, and kindness. Discussion questions and activities focus on prosocial attitudes and behaviors while addressing prejudice, anger, exclusion, and bullying. Features 10-minute lessons and 48 hands-on lessons that take about 30 minutes. Digital content includes customizable student handouts and bonus material. 261 pages.  
**SN37230**



**The Teen Relationship Workbook**  
 For Professionals Helping Teens to Develop Healthy Relationships and Prevent Domestic Violence  
**Gr. 7+** Helps adolescents develop healthy relationships and prevent dating abuse and domestic violence. 68 reproducible worksheets. 142 pages.  
**WA21969**



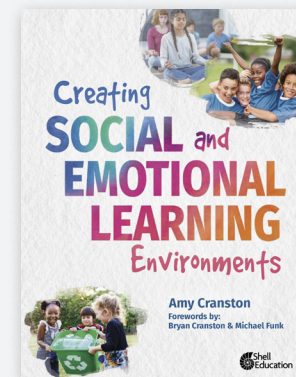
**S.E.A.L.S. + PLUS (Self-Esteem and Life Skills)**  
**Gr. 7+** Covers anger management, assertion, awareness communication skills, coping skills, emotion identification, goal setting, health awareness, money management, problem solving, risk taking, self-esteem, awareness, stress management, support systems, time management, and values clarification. 176-page book with 75 activity-based handouts, deck of 75 open-ended question cards, and CD.  
**WA19563**



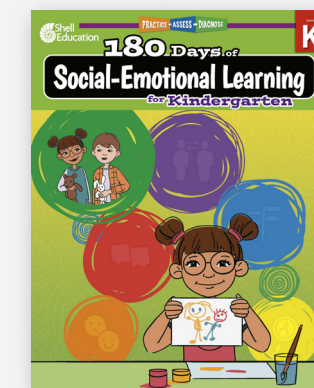
**Social-Emotional Learning Starts with Us: Empowering Teachers to Support Students**  
**Gr. K-12** Successfully implement SEL strategies into your curriculum with this essential teacher resource. This book provides guidance on how to foster your own emotional awareness with support and explore SEL skills to make lasting connections in your classroom. 160 pages.  
**NE40174**



**Creative Teaching Press® Stand Together Posters**  
 Celebrate diversity and inclusion in your school and encourage a spirit of unity with this 4-poster set. Each poster measures 13 3/8" x 19".  
**NE40574**



**Creating Social and Emotional Learning Environments**  
**Gr. K+** Help set the foundation for student success by implementing SEL practices. Based on author Dr. Amy Cranston's experiences, this book helps define SEL and digs into the real work of how to incorporate SEL in K-12 schools. 152 pages.  
**NE40173**



**180 Days of Social-Emotional Learning Workbook - Kindergarten**  
**Gr. K** Provide students daily SEL activities to help them explore emotions, actions, relationships, and responsible decision-making. The teacher-approved activities will engage students in learning as they build their confidence in self-reflection and growth.  
**NE40166**

For complete descriptions, visit  
[nascoeducation.com](http://nascoeducation.com)

Best Seller



**Boinks Fidgets®**  
Slide the marble back and forth in this fabric tube. Set of 20 without carabiners. 3½" L. ⚠ CHOKING HAZARD (1, 3). Not for under 3 yrs. SN36387



Set 1



Set 2



Set 3



Set 4

**Fidget Fun Sets**  
A different sensory experience in each fidget will keep hands busy and exploring. ⚠ CHOKING HAZARD (1). Not for under 3 yrs.  
SN36455 Set 1      SN37126 Set 3  
SN36978 Set 2      NE40569 Set 4

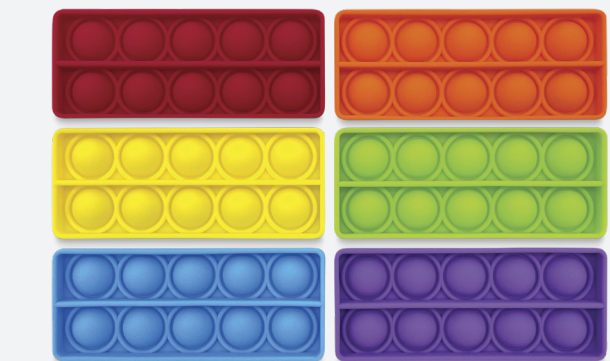
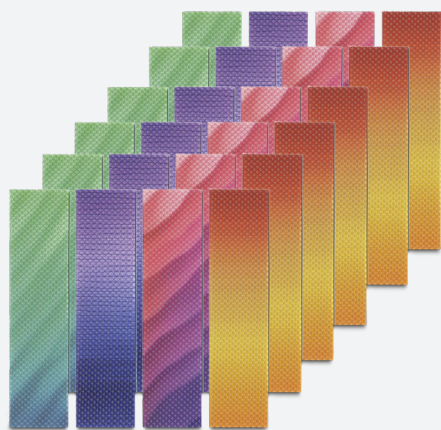
**Emotion Stones Sensory Kit**

Combine the tactile weight of Emotion Stones with the sensory experience of Play-Doh® to help kids recognize and talk about their feelings. Includes 12 emotion stones, activities, and 4 containers of Play-Doh (assorted colors). ⚠ CHOKING HAZARD (1). Not for under 3 yrs. NE40573



**Zen Strips Classpack - Bumpy Gradient**

Offer a compact, lightweight, and discreet tactile method to improve focus and self-regulate emotions. Peel-and-stick application. Includes 24 strips with bumpy diamond texture. NE40560



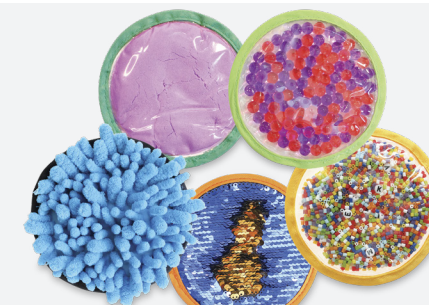
**Teacher Created Resources® Push and Pop Bubble Ten Frames - 6 Pack**

This fidget combines math instruction with stress relief! Pack includes 6 washable fidgets in aqua, lime, purple, orange, yellow, and red. 4" x 1½" x ½". NE40584



**Teacher Created Resources® Fidgety Fidgets**

Reduce stress and anxiety and improve fine motor skills with 14 quiet sensory tools. Includes 3 zipper bracelets, 2 color-changing squeeze balls, 2 knobby silicone bracelets, key chain with rolling beads, bubble key chain, dough squeeze ball, squishy soft tentacles, infinity cube, spiky roller, marble in fabric loop. ⚠ CHOKING HAZARD (1). Not for under 3 yrs. NE40572



**Teacher Created Resources® Sensory Discs - 5 Pack**

Perfect for early learning, elementary, fidgety students, or students with special needs, these discs are designed to offer stress relief, increase focus, decrease behavior problems, and encourage self-regulation. Includes 5 sensory discs. 5" dia. NE40585

Best Seller



**Nasco Silly Sensory Kit**

There's tons of fun in this tub of silly sensory manipulatives and fidgets! Some components may contain latex. Set of 12. Assortment may vary. ⚠ CHOKING HAZARD (1, 3). Not for under 3 yrs. SN02929



**Bouncyband® Flick Sticks - 10 Pack**

Students tap, twirl, and run their fingers through the soft, flexible fibers to relieve tension. Attaches to most hard surfaces. 10 pieces in 5 assorted colors. NE40380



**Loopez**

Easy to manipulate hand fidget aids in dexterity while sharpening one's focus. Curved pieces are molded to fit perfectly in one hand or two. Endlessly flip the plastic pieces around the dual axes of the rings. Set of 6. SN36903



**Smiley Face Foam Stress Balls**

Help students relieve stress and improve their concentration during the school day. Assorted colors; pkg. of 12. NE40375

NEW

**Calm Caterpillar® Bloomie Breathing Toy**

Teach mindfulness and emotional regulation with a tool that turns the simple act of breathing into a fun, interactive routine. Inhale to smell the flower, exhale to blow the candle out. Repeat! NE40781



Best Seller



**Nasco Quiet Bag Kit**  
Gr. PreK-5 Reduce stress and help students regain focus in the classroom. This kit is full of sensory solutions that classrooms need to help calm the nerves of students on days they become overstimulated or experience sensory overload, and help them quiet their mind so they can focus. When their nerves are calmed and their fidgety fingers are no longer fidgeting, they can relax and better concentrate on learning. **CHOKING HAZARD (1, 6).** Not for under 3 yrs.  
**NE40148**



**Calm Caterpillar® Rory the Lion**  
Rory's roars and self-talk mantra help students learn the power of breathing and how to self-regulate their emotions. His weighted body also provides a comforting sensory experience. **NE40566**



**Juggling Scarves**  
Excellent for teaching large groups of students to juggle. Set of 3 colors; 16" x 16".  
**PE01767** Classroom Pack of 108  
**SN32202** Set of 12

Evidence-based kit includes a curriculum guide

ONLY AT NASCO



**Calm Caterpillar® Calm Down Corner Kit**  
Use this evidence-based kit to create a calm corner where students can learn to identify emotions, self-regulate, and rejoin the class ready to learn. Includes Calmee the Caterpillar Deep Breathing Tool, meditation cushion, expandable breathing ball, feelings and emotions poster, feelings flashcards, and curriculum guide. **CHOKING HAZARD (1).** Not for under 3 yrs. **NE40410**



**Giant Pompon Ball**  
Squeeze and rubber bubbles emerge from the center. Assorted colors. Set of 12, 5" dia. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**SN35732**



**Mini Sensory Twist and Turn Set**  
Tactile manipulatives with connected pieces for fidgety fingers to twist and turn. Set of 3. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**SN37103**



**Novelty Rubber Animals**  
A fun way to teach movement. Great for aerobic activities.  
**PE02182** 14" Fish  
**PE00866** 20" Chicken



**NEW**  
**Ready2Learn® Easy Grip Dough and Paint Stampers - Emotions - Set of 12**  
Develop fine motor skills, hand-eye coordination, emotion recognition, mindfulness, and empathy. Easy-grip handles. 12 stampers with 8 faces and 4 diverse hairstyles. 1 1/16" H x 1 1/2" dia.  
**NE20601**



**NEW**  
**Ready2Learn® Giant Stampers - Feelings**  
Develop emotion recognition, fine motor skills, and hand-eye coordination. Easy-grip handle. Arrow on disc assists with stamp placement. Latex-free. 1 9/16" H x 3" dia. Includes 10 stampers: happy, sad, nervous, surprised, mad, content, scared, tired, sick, and confused.  
**NE20599**



**Rainbow Pom Ball**  
Approximately 3 1/2". Made with synthetic and natural latex. Colors may vary.  
**SBI8426**



**Wee Critter Puff**  
Versatile ball is wonderful for developing grasping skills, tactile stimulation, and relieving stress. Students will love to squeeze the fuzzy, squishy ball and watch it puff out in response. Covered with soft, stretchy spines and filled with air. 2 1/2" dia. Critters may vary. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**SN36763**



**Tactile Ball Assortment**  
All-natural foam rubber. Set of 6; 3" dia.  
**SN35702**



**Chewy Tubes™**  
Innovative oral motor devices designed to provide a resilient, nonfood, chewable surface. Handles have corrugated ridges to assist the grasp — especially useful for the visually impaired. Nontoxic surface is latex-free, lead-free, and does not contain PVC or phthalates. Offers increased sensory input from the raised bumps along the slightly firmer stem. 3/16" stem. Green.  
**SN31975**



**Roylco® Sensory Create & Play Beads**  
Gr. K-5 Create colorful works of art and reduce stress at the same time. These stimulating shaped beads can calm students' nerves as they use them to add shape and color to a variety of creative art projects. Each bead is made of soft, flexible, and durable material so they can touch and squeeze them as much as they want. Pkg. of 24.  
**NE20132**



**Swingos Fidget Set**  
Reduces stress, relieves tension, improves memory, and stimulates the brain. Sized for easy gripping and fine motor practice. Rings are connected and rotate around each other. Set of 3. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**SN37128**

**Best Seller**

**Bouncyband®**  
Give students an outlet for releasing excess energy and alleviating anxiety, hyperactivity, and boredom. Foot rest band allows students to quietly move while working. Support pipes prevent bands from slipping down. For round legs with a maximum diameter of 1 7/16". Latex and phthalate free.

**Bouncyband® for Elementary School Chairs.** Fits chairs with legs 13" to 17" apart. Support pipes: 4"L x 1 1/2" dia. Blue.  
SN37225

**Bouncyband® for Middle/High School Chairs.** Fits chairs with legs 17" to 24" apart. Support pipes: 4"L x 1 1/2" dia. Black.  
SN37224

**Bouncyband® for Desks.** Fits desks with legs 20" to 28" apart. Support pipes: 8"L x 1 1/2". Black.  
SN37226



**NEW**



**Calm Caterpillar® Meditation Cushion**  
Invite students to pause, reset, and refocus with a cushion that's perfect for your calming corner or flexible seating. Durable cover and soft interior make it both easy to clean and comfortable to use.  
NE40780

**Wiggle Feet Sensory Cushion**  
Foot rest cushion allows students to quietly move and release excess energy while sitting, helping them to focus. Flexible nubs on one side and small bumps on the other provide just the right amount of tactile stimulation. Firmness can be customized with the included inflation pump. Anti-burst, slip-resistant material.  
12" x 15" x 2 1/2". Blue. Latex and phthalate free.  
SN37223



**Bouncyband® Wiggle Wobble Chair Feet**  
**Gr. K-12** Give fidgety students an outlet to burn off excess energy while seated. These chair feet transform a standard school chair into an SEL tool. Easily snap the feet onto the chair, then students can rock or wobble, back and forth and all around while staying focused in class. Set of 4 (1 chair).  
NE40175



**Bouncyband® Dual-Pedal Portable Foot Swing**  
**Gr. PreK-12** Silent foot swing releases students' excess energy to reduce anxiety and increase concentration. Stays in place with heavy steel and thick rubber feet. Allow extra delivery time.  
NE40381



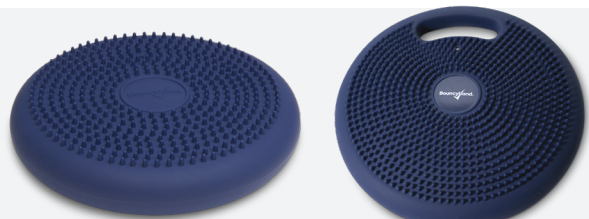
*Provide soothing pressure to help students relax and focus on tasks*

**Bouncyband® Inflatable Comfy Peapod**  
Peapods offer soothing deep pressure that provides a sense of security to relax students and increases concentration. Flocked, super-strong vinyl with triple-welded seams. Latex and phthalate-free. Holds up to 350 lbs. Includes electric pump and repair kit. 60" x 30" x 17".  
NE40378

Allow movement during work time to improve focus



**Inflatable Seating Disc**  
Mimics sitting on inflatable ball. Inflates to 2" H. 13 3/4" dia. **⚠️ CHOKING HAZARD (I).** Not for under 3 yrs  
SN36837



SN37244

NE40178

**Bouncyband® Wiggle Seat Sensory Cushions**  
**Gr. K-12** Help students stay focused in the classroom by allowing them to quietly move while they engage in learning. Flexible nubs and bumps provide tactile stimulation and help calm anxiety. Pump included. Latex and BPA free.

SN37244 Wiggle Seat, 10 3/4"  
NE40178 Portable Wiggle Seat, 13"



**Bouncyband® Sit & Twist Active Seat Cushion**  
Increase focus by allowing students to move while working with a lightweight, portable active seating cushion. Nonskid base works on chairs or floor. 120° spinning capability ensures students always face forward. 12" dia.  
NE40559



**Glow-in-the-Dark Galaxy Tunnel**  
**Gr. PreK-5** Bright, shining stars glow in the dark, creating a true space experience. Durable fabric with double stitched seams and reinforced stress points provides years of outdoor play and wipes clean with a damp cloth. Mesh panels promote circulation and resist punctures. Sturdy, hardened spring-steel construction sets up easily and collapses quickly for storage. 5 1/2'L x 18"W.  
EL14250



**Bouncyband® Plush Sensory Lap Pad - Dog**  
Super-soft weighted lap pad offers gentle deep-pressure comfort, relieving anxiety and improving attentiveness. Machine-washable exterior and spot-clean inner pad. 15" x 14", 5 lbs. NE40377



Offer deep-touch pressure to calm nerves



**Weighted Cuddly Companions**  
Great for increasing muscle tone and strength. Age appropriate for 4 years and up with adult supervision. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**Small Bulldog.** 13"L. 2-lb. weight. SN36363  
**Large Bulldog.** 20"L. 4-lb. weight. SN36366



NE40382



NE40177

**Bouncyband® Weighted Blankets**  
Help students calm themselves with deep-touch pressure. Reversible two-color blanket and pad feature soft nubs on one side and smooth plush on the other to provide sensory input, improve focus, and alleviate excess energy.  
**Soft Fleece Blanket - 7 lb.** Ideal for kids who weigh 40–70 lbs. NE40382  
**Portable Weighted Lap Pad.** Pad weighs 5 lbs. and is 21" x 19". NE40177



**Weighted Cuddly Companion - Fuzzy Fin Turtle**  
Great for increasing muscle tone and strength. Age appropriate for 4 yrs. and up with adult supervision. 18" L. 4-lb. weight. **CHOKING HAZARD (1).** Not for under 3 yrs. SN36365



**Weighted Lap Pads**  
Age appropriate for 4 yrs. and up with adult supervision. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**Small.** 13" x 9". 2-lb. weight. SN36373  
**Medium.** 13" x 13". 3-lb. weight. SN36374



**Calmee the Caterpillar Deep-Breathing Tool**  
Calmee is a soft plush deep-breathing tool that enables students to have a sensory experience while they practice breathing, a proven method for reducing stress. Tactile tool is weighted, expands, and includes counting segments. **CHOKING HAZARD (1).** Not for under 3 yrs. NE40409



**Wrist Weights**  
Each contains a ¼-lb. weight. 5" elastic scrunchie style. Not for under 4 yrs. SN36362



**Manimo® Weighted Plush Dog Gr. PreK–4** Manage a student's stress and anxiety with a weighted plush animal that provides deep pressure and sensory stimulation. When a student is feeling anxious or stressed and is having trouble concentrating, the weighted animal will bring them comfort and will make it easier for them to pay attention during class. Also helps regulate emotions and behaviors as well as sooth excess energy.  
NE40294 2 lbs.  
NE40295 4 lbs.



**Manimo® Weighted Animals**  
Help students remain attentive in class, focus during homework, alleviate excess energy, and stay calm. Can be placed on the shoulders, around the neck, or on the lap. Recommended use: 15–20 minutes. **CHOKING HAZARD (1).** Not for under 3 yrs.  
**Snake.** 2.2-lb. weight. SN37087 Blue  
**Lizard.** 4.4-lb. weight. SN37090 Blue  
SN37091 Green

# MAKE A SENSORY-FRIENDLY SPACE

Add comfy seating, engage the senses, and reduce stimuli



NE40385

### Bouncyband® Indoor Framed Sensory Dark Den

**Gr. PreK–12** Designed to provide a quiet, dark spot where students who are overstimulated can relax. Pair with sensory tools to help students regulate their systems. Safety-tested and accommodates electrical cords. Includes carrying case. Assembled 39" x 46" x 57". Allow extra delivery time. **NE40385**



SN37192

### Sensory Black Out Tent

Reduces sensory input and provides a non-stimulating environment for students to focus in. Ideal for students with autism, ADHD, anxiety, and other sensory processing difficulties. Includes carrying case. Polyester. 58" x 58" x 46". **SN37192**



### Classroom Light Filters

Fabric panels fit over standard fixtures with sewn-in magnets. For drop ceiling fluorescent lights only. 2' x 4' Tranquil blue. **SN31892**

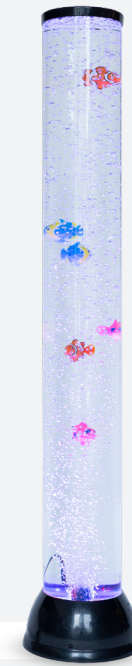


### Light Filters for Every Season

Tone down the harsh glare and flickers from typical fluorescent lighting. For use with fluorescent lights only. Fire-resistant coating. Set of 3 fabric panels, 2' x 4' each. **SN36382**

### Bubble Beam Sensory Lamp

The variation in colors, the 7 moving fish, and the gentle hum of the pump enhances the experience of your sensory room, classroom, or calming corner. Includes power adapter and color-changing LED light. 6" x 31". **NE40579**



### Color Motion Bubble Set

Flip these devices over to watch colored liquid bubbles slowly move from top to bottom. 2" x 5 3/4" Liquid Motion Bubbler and 3" x 6" Bubble Motion Tumbler™. **SN36450**



SN35735

### Light Cube

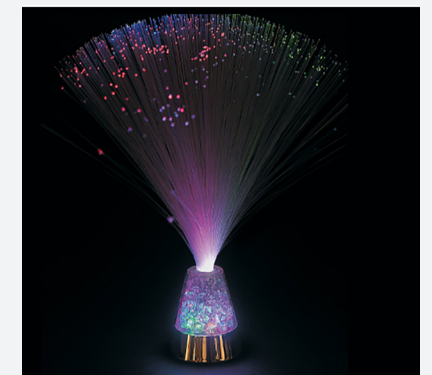
Portable, rechargeable cube strobes, flashes, and changes color with the touch of a button. Stand or kneel at the cube indoors or out. Sturdy construction and long-lasting LED light source. Easy-to-clean surface. Includes power source, remote control, and teacher guide. 16" x 16" x 16". **SN35734**

**Educational Light Cube Accessory Kit.** Use with light cubes above. Discover interesting patterns with optical illusion sheets, design swirls and lines with paint scrapers, and more. Includes 5 clear plastic, fitted trays; counting and stringing rings; 12 optical illusion sheets; 2 paint pipettes; 8 clear vials; 3 paint scrapers; 8 animal X-rays; and teacher guide with descriptions of fun projects to direct classroom light table activities. CHOKING HAZARD (1). Not for under 3 yrs. **SN35735**



### Jellyzen Sensory Lamp

Students are lulled into relaxation as they watch the 5 jellyfish move in their tanks as the light changes colors. Includes USB power cable and LED light. 14 1/2" x 9". **NE40578**



### Fiber Optic Light

Creates a calming, relaxing atmosphere. Colorful light emits from the top of each fiber optic strand. 13" H with on/off switch. Requires 3 AA batteries (not included). **SN31899**



**Inflatable Exercise Ball with Legs**

Stabilizing legs keep ball from rolling when not in use. When in use, person's weight makes legs retract in ball. Ribbed, nonslip surface. 22" dia. 300-lb. weight capacity. PE09822



EXCLUDED FROM DISCOUNTS

**Bouncyband® Sensory Soft Squeeze Seat**

Gently squeezes to apply pressure and sensory input through the trunk. Position upright to enable student to rock back and forth. Polyurethane foam covered with easy-clean vinyl. Holds up to 100 lbs. 28" x 9" x 26". Allow extra delivery time. Z51212



**American Plastic Toys Scoop Rockers — Set of 6**

Allows rocking movement for sensory input and calming capabilities. 50-lb. maximum weight capacity. Set of 6 includes 3 blue and 3 red. 17 3/4" x 15 5/8" x 1 1/4". SN36990

Set of 6



**CanDo® Inflatable Exercise Ball with Stability Feet**

"Feet" retract into ball when in use. Nonslip surface. 300-lb. weight limit. 26". Green. SN36490



**Kore™ Floor Wobblers™ Sitting Disc**

Allows students to sit comfortably on the floor and remain active in place. Continuous movement while sitting increases secondary focus and provides an outlet for excess energy. Ideal for students with ADD, ADHD, or autism. Seat dia: 19". Seat height: 4". 275-lb. weight capacity. SN37237(A) Red SN37237(B) Blue

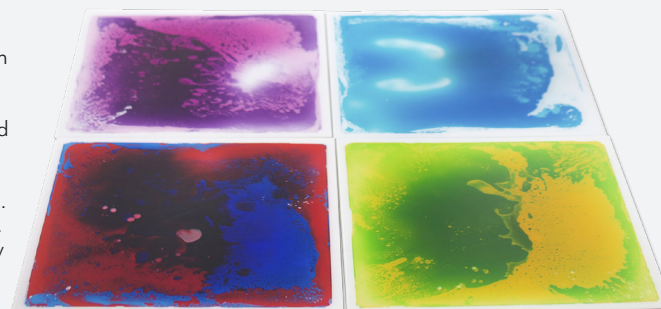


The ultimate soothing sensory experience!

EXCLUDED FROM DISCOUNTS

**Gel Floor Tiles**

Step, sit, or jump on the tiles and watch the colors ooze, or push the gel around with hands. Acrylic with wood base. Holds up to 150 lbs. Set of 4; 20" x 20". Allow extra delivery time. Z51211



**Jumbo-Size Highback Beanbag Chair**

The design of this beanbag chair provides added arm and back support. Washable, latex-free vinyl. Flame-retardant. 107" circ. Allow extra delivery time. Z42471(A) Red Z42471(C) Blue



**Soft Beanbag Cushion**

Lightweight, stretchy beanbag chair provides the right amount of support for students' hips and lower back. Lycra® beanbag chair is filled with small pellets. 13" D. 75-lb. weight capacity. SN36394

NEW



**Noise-Reducing Protective Earmuffs**  
Reduce noise distractions in noisy environments and protect hearing. Perfect for students with sensory issues. Sound reduction of loud and harmful noise of 27dB, without excluding other ambient sounds. Adjusts to fit children and adults. Includes storage pouch. 1-year warranty. NE40670



**Califone® Hearing Safe™ Noise Protection Headphones**  
Noise reduction rating: 26 dB. SN36358



**Hamilton Buhl™ Noise-Canceling Dual-Use Headphones**  
Active cancellation up to 20–25 dB. SN36769



**Bouncyband®**  
Give students an outlet for releasing excess energy and alleviating anxiety, hyperactivity, and boredom. Foot rest band allows students to quietly move while working. Support pipes prevent bands from slipping down. For round legs with a maximum diameter of 1 1/16". Latex and phthalate free.

**Bouncyband® for Elementary School Chairs.** Fits chairs with legs 13" to 17" apart. Support pipes: 4"L x 1 1/2" dia. Blue. SN37225

**Bouncyband® for Middle/High School Chairs.** Fits chairs with legs 17" to 24" apart. Support pipes: 4"L x 1 1/2" dia. Black. SN37224

**Bouncyband® for Desks.** Fits desks with legs 20" to 28" apart. Support pipes: 8"L x 1 1/2". Black. SN37226



**Jumbo-Size Highback Beanbag Chair**  
The design of this beanbag chair provides added arm and back support. Washable, latex-free vinyl. Flame-retardant. 107" circ. Z42471(A) Red Z42471(C) Blue



PE0551

SN00172



**Yacker Tracker®**  
A self-monitoring traffic light sound meter. Teacher determines acceptable noise level. Range: 50–110 decibels. 120V AC. CHOKING HAZARD (I). Not for under 3 yrs.

**Yacker Tracker®.** 5 3/4"D x 5"W x 17"H. SN00172

**Deluxe Yacker Tracker® with Remote.** 5 1/2" x 17". PE0551



EXCLUDED FROM DISCOUNTS

**Copernicus® Deluxe Chart Stand**  
This 33"L x 24"W double-sided, magnetic dry-erase surface is adjustable to 65"H; telescoping hooks for pocket charts up to 49"W; two tubs (15"L x 12"W x 6"D); locking casters; snap-on chart paper hooks; and snap-on accessory hooks. 27"D x 28"W x 50" to 69 1/2"H. Lifetime warranty on easel components and tubs; 5-year warranty on whiteboard. Allow extra delivery time. Z51953



SN36811(B)

**Kore™ Chairs**  
Anti-roll safety base prevents tip-overs and falls. Provides antimicrobial protection against the spread of common bacteria. Base diameter: 13 3/4". Seat diameter: 11". 275-lb. maximum weight capacity. Visit nascoeducation.com for more color options.

**Kids Kore™ Wobble Chair.** Seat height: 14". SN35690(B) Blue SN35690(F) Green

**Junior Kore™ Kids Wobble Chair.** Seat height: 16". SN36811(B) Blue SN36811(C) Green SN36811(F) Black



**Kore™ Floor Wobblers™ Sitting Disc**  
Allows students to sit comfortably on the floor and remain active in place. Continuous movement while sitting increases secondary focus and provides an outlet for excess energy. Ideal for students with ADD, ADHD, or autism. Seat dia: 19". Seat height: 4". 275-lb. weight capacity. SN37237(A) Red SN37237(B) Blue



**Bouncyband® Wiggle Seat Sensory Cushions**  
Gr. K–12 Help students stay focused in the classroom by allowing them to quietly move while they engage in learning. Flexible nubs and bumps provide tactile stimulation and help calm anxiety. Pump included. 10 3/4". Latex and BPA free. SN37244

# Explore feelings through art with an all-in-one kit

Use the "Exactly You! The Shape of Your Feelings" book and supplies included with this kit to start conversations with students about their big feelings and help them interpret the world through colorful abstract art.

Want to learn more? Watch a webinar with the author, art educator Sarah Krajewski. Find the free, on-demand webinar at [qrco.de/exactly](http://qrco.de/exactly).

## Nasco Exactly You! SEL & Art Activities Set

**Gr. K-5** Help students accept and normalize their feelings through discussion and art. This set includes the book "Exactly You! The Shape of Your Feelings" and enough supplies for a class of 24 students to create art projects that feature bright colors and abstract shapes. The set includes the book, watercolors, oil pastels, pencils, paper, construction paper, crayons, and glue.

NE20099



ONLY AT NASCO



Artist: Jude B.  
Teacher: Sarah Krajewski

## "I am an artist" collage lesson plan

**Gr. K-5** Help students create expressive self-portraits that explore abstract art, mixed-media collages, and themselves.

To preview the included lesson plan, download it for free by visiting [nascoeducation.com/lesson-plans](http://nascoeducation.com/lesson-plans) and searching U27736.

## Nasco I Am An Artist Classroom Kit

**Gr. K-5** Engage students in expressive collage self-portrait projects that take a mixed-media approach. Get everything you need with the included lesson plan and materials for 24 students. By experimenting with the materials in this kit, students will build creative skills that can be applied to other art projects in class. Kit includes lesson plan, tempera paint and paint sticks, oil crayons, glitter glue pens, and tag board. **CHOKING HAZARD (I).** Not for under 3 yrs.

9742779

# GET A LESSON IN A BOX

This kit has all the supplies and resources you need to help students express themselves



ONLY AT NASCO



ONLY AT NASCO

## Nasco Emotional Color Wheel Classroom Kit

**Gr. K-5** Help your class convey emotions through art by exploring Eric Gibbons' book, "The Emotional Color Wheel." The book teaches students how to use colors and shapes to create a wide array of expressive art projects. Kit includes the book, 12 colored pencils, 28 oil pastels, 16 crayons, 8 washable markers, 8 fine line markers, 75 packs of modeling compound (1 oz. per pack), 500 sheets of 9" x 12" drawing paper, 50 sheets of 12" x 12" card stock, and 100 sheets of construction paper.

NE20024



ONLY AT NASCO

## Nasco Model Magic Mask Classroom Kit

**Gr. K-5** Let students showcase emotions by forming an expressive art project. This kit includes a lesson plan and enough supplies for a class of 24 students to use their imagination to create a mask of an emotion-filled character they design using colorful modeling clay. Kit also includes tag board, modeling clay, and dowels.

9742776



ONLY AT NASCO

## Nasco Continuous Contour Wire Self-Portraits Classroom Kit

**Gr. 5-8** Introduce students to the challenge and excitement of continuous contour line drawing and sculpture in one lesson! This kit includes a lesson plan, extension ideas, and supplies for a class of 24 students. Includes Twist-ezwire®, assorted construction paper, white drawing paper, 5" x 7" personal mirrors, pencils, and masking tape.

NE20315



ONLY AT NASCO

## Basic Drawing Kit

Includes 1 PRISMACOLOR® ebony black drawing pencil (6B soft), 1 each of 4B and HB Nasco student drafting pencils, size 6 (5 3/4" x 1/2") blending stump, 50-sheet Nasco Artist's sketch pad (9" x 12"), metal pencil sharpener, and large PRISMACOLOR® kneadable eraser.

9727863



ONLY AT NASCO

## Felt Sewing Projects For Every Season Classroom Kit

**Gr. 4-8** Get all of the materials you need for students to sew charming crafts for all kinds of occasions throughout the year. No matter what their skill level is, students will learn how to follow a pattern and apply basic sewing techniques. Kit includes book, embroidery needles, straight brass pins, buttons, polyester floss, and assorted felt pieces. **CHOKING HAZARD (I).** Not for under 3 yrs.

NE40275



ONLY AT NASCO

## Elementary Student Art Kit with 12 Project Guides

Open-and-go student art kits include the essential K-8 art supplies. Also includes project guides that provide "How To" information for 12 ready-to-create projects using supplies in the kit. Kit includes: crayons, markers, colored pencils, pastels, watercolor set, pencils, eraser, scissors, glue stick, bottle of glue, sketch pad, multi-media paper, construction paper, air-dry modeling compound, and 12 project guides. For complete contents, visit [nascoeducation.com](http://nascoeducation.com).

9742833



**Crayola® Colors of the World Skin Tone Sets**  
 Make sure all children are represented and feel included in the art they make with these art supplies. Represents a diverse array of skin tones.

**Crayon Box of 24.**  
 NE20082

**Crayon Classroom Pack of 480.** Includes 20 sets of 24 crayons.  
 NE20084

**Colored Pencil Box of 24.**  
 NE20083

**Colored Pencil Classroom Pack of 240.** Includes 10 sets of 24 colored pencils and 8 sharpeners.  
 NE20253

**Marker Box of 24.** Washable. Fine line.  
 NE20137

**Marker Classroom Pack of 240.** Includes 10 sets of 24 markers. Washable. Fine line.  
 NE20256



**Crayola® Colors of Kindness Crayons**  
 Spread kindness and good feelings with this set of thoughtful crayons. Each crayon has a special edition color name and words of kindness printed on them. Set includes 24 crayons in attention-grabbing hues with four new colors.  
 NE20217



**Nasco Ultimate Craft Kit**  
 Contains everything needed to create just about any craft project. Kit includes assorted colors and sizes of pipe cleaners and pom poms, multiple sizes of wiggle eyes, a bucket of beads, yarn, foam shapes, buttons, sequins, glitter, feathers, construction paper, felt pieces, and mini wood pieces. Just add scissors, glue, and imagination. ⚠️ CHOKING HAZARD (I). Not for under 3 yrs.  
 9742739

ONLY AT NASCO

## Art reduces stress & improves mental health

When students have a creative outlet, studies have found that their dopamine levels increase. This means that stressed and anxious students feel better when they're making art.

Explore art tools that will help students reduce feelings of stress, practice mindfulness, become more self-aware, process and understand their emotions, and build self-confidence.



ONLY AT NASCO

**Crayola® Colors of the World® Classroom Bundle**  
 Specially formulated skin tone colors represent people of many different regions and cultures. Includes 1 crayon classpack (20 boxes of 24 crayons, 480 total), 1 washable paint set (9 bottles, 8 oz. each), 1 colored pencil classpack (10 sets of 24 pencils, 240 total), and 1 broad line marker classpack (10 sets of 24 markers, 240 total).  
 NE20506



**Crayola® Colors of the World Coloring Book**  
 Students can color their way around the world with this adventurous coloring book. When paired with coloring tools, the pages in this book will show students the culturally diverse world in its true colors. Includes stickers. 96 pages.  
 NE40300

**Nasco Assorted Construction Paper**  
 Groundwood. High strength with smooth texture. Recyclable. Includes scarlet, black, orange, brown, pink, violet, blue, holiday green, yellow, and white. 50 sheets, 9" x 12", 55 lb.  
 9727121(AB)

ONLY AT NASCO



ONLY AT NASCO

**Nasco Colored Pencils**  
 250 count

**Nasco Colored Pencils**  
 Gr. K+ Good quality, great value and versatile. Smooth drawing with no-mess.

Product No.	Qty.
NE20073	12
NE20109	250



**Crayola® Colors of Kindness™ Classroom Bundle**  
 Spread positivity with this classroom set of kindness-themed colored pencils, markers, and crayons. Each writing utensil is labeled with warm words to inspire smiles. Includes 6 sets of 12 colored pencils (72 total), 6 sets of 10 fine line markers (60 total), 6 sets of 24 crayons (144 total).  
 NE20505



**Crayola® Colors Coloring Book**  
 Encourage students to welcome kindness into their lives and show kindness toward others with this unique coloring book. Includes messages of love and kindness on every page that can be shared with friends, classmates, family, and loved ones. Includes a sticker sheet. 96 pages.  
 NE40299



ONLY AT NASCO

**Nasco Practice Sketchbooks**  
 The teacher's choice for affordable sketchbooks. Great for quick sketches using pencil, pen, marker, or crayon. Plastic spiral prevents snags on clothing. 8½" x 11", 20 lb.

**50 Sheets**  
 9725807

**Bulk Pack of 48.** 50 sheets.  
 9742816



ONLY AT NASCO

**Nasco Semi-Moist Watercolor Set**  
 Richly pigmented, semi-moist watercolors offer exceptional quality at a budget-friendly price. Includes 8 colors and a white taklon brush for smooth and easy strokes.  
 NE20186

For a complete selection of art supplies, visit [nascoeducation.com/art](https://nascoeducation.com/art)

