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Edvo-Kit #

Edvo-Kit #117

Detection of Mad Cow Disease

Experiment Objective:

The objective of this experiment is to educate students about Bovine Spongiform Encephalopathy (BSE), better known as Mad Cow disease.

See page 3 for storage instructions.

Version 117.210628



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Safety Data Sheets can be found on our website: www.edvotek.com/safety-data-sheets



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Experiment Components

READY-TO-LOAD™ SAMPLES FOR ELECTROPHORESIS

Components (in QuickStrip™ format) Store QuickStrip™ samples in the refrigerator upon receipt.	Check (🗸)
 A DNA Standard Marker B Positive bovine protein control C Negative bovine protein control D Feed sample from mill #1 E Feed sample from mill #2 F Feed sample from mill #3 	
REAGENTS & SUPPLIES Store the following at room temperature.	
 UltraSpec-Agarose[™] Electrophoresis Buffer (50x) Practice Gel Loading Solution 	

Experiment #117 is designed for 8 groups.

Store QuickStrip™ samples in the refrigerator immediately upon receipt. All other components can be stored at room temperature.

Requirements

FlashBlue™ DNA Stain

- Horizontal gel electrophoresis apparatus
- D.C. power supply
- Automatic micropipettes with tips
- Balance
- Microwave, hot plate or burner
- Pipet pump
- 250 mL flasks or beakers
- Hot gloves
- Safety goggles and disposable laboratory gloves
- Small plastic trays or large weigh boats (for gel destaining)
- DNA visualization system (white light)
- Distilled or deionized water

All experiment components are intended for educational research only. They are not to be used for diagnostic or drug purposes, nor administered to or consumed by humans or animals.



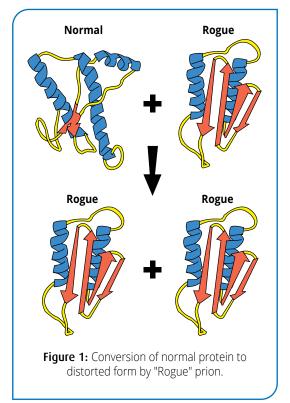
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Background Information

Bovine Spongiform Encephalopathy (BSE), better known as Mad Cow disease, is a fatal condition characterized by vacuoles (empty spaces) which form within the cytoplasm of neurons. These vacuoles result in a spongelike appearance of the brain of the infected animal. Epidemics of BSE has led to the slaughter of tens of thousands of cattle.

Strong evidence exists that transmission of BSE does not involve nucleic acid vectors (as in a virus) but a proteinaceous particle known as a prion. The prion is an altered form of an endogenous membrane protein and appears to self-replicate, following infection, by distorting the shape of its native counterpart (Figure 1). BSE appears initially in tonsils and other lymphoid organs and then spreads to the nervous system, where it causes apoptosis (programmed cell death) of neurons. Infected cows become lethargic and later exhibit erratic behavior (hence the origin of "mad cow disease").

In addition to cattle, prions also cause neurodegenerative disease in sheep, deer, mink, and humans. A rare, devastating human disorder known as Creutzfield-Jacob disease (CJD) typically strikes humans over the age of 45; patients are almost never under 30. In 1996, however, several cases appeared in the United Kingdom in patients under the age of 25. The brain pathology of these patients was different from classical CJD; this disease was termed new variant CJD, or "nvCJD". Analysis revealed that the prion infectious agent from these patients was identical to the prion from BSE-infected cows, suggesting that the patients became infected by eating contaminated beef. Other studies suggested that prion infections could indeed cross species barriers by expressing



the sheep prion gene in mice, which resulted in mouse spongiform encephalopathy. One theory of the origin of BSE in the U.K. is that cattle feed may have contained ruminants of infected sheep, resulting in species crossover of the sheep prion to cattle. Additionally, BSE-infected cow carcasses were believed to be used to prepare feed, resulting in widespread propagation of the disease.

Human deaths from nvCJD have been reported in the UK and France which are believed to be due to species crossover of BSE to humans. Widespread panic has devastated the beef industry in Europe and caused fear of a BSE outbreak in the United States. One method of preventing domestic cattle infection is by prohibiting the use of cow or sheep parts in cattle feed; the U.S. Food and Drug Administration (FDA) banned this practice in 1997.

To enforce this ban, inspectors test for the presence of bovine protein in cattle feed. One method of testing uses the polymerase chain reaction (PCR) on feedstuffs. PCR is a powerful technique universally used to amplify DNA at very specific sequences. PCR uses a heat-stable enzyme known as *Taq* DNA polymerase. The reaction mixture contains the polymerase and two synthetic oligonucleotides, known as "primers" which flank the sequence(s) to be amplified, known as the "template". In the case of cattle feed compliance, the template would be feedstuffs from various feed mills and the primers would be complimentary to a bovine-specific gene.

In the first step of a PCR reaction (Figure 2, next page), the template complimentary DNA strands are melted/separated from each other at 94°C, at which temperature the *Taq* DNA polymerase remains stable. In the second step, known as annealing, the sample is cooled to allow hybridization of the primers to the two strands of the target sequence(s). In the



third step, known as extension, the temperature is raised to 72 °C and the *Taq* polymerase adds nucleotides to the primers to complete synthesis of the new complementary strands. The three steps - denaturation, annealing, and extension - constitute one PCR "cycle". This process is typically repeated for 20-30 cycles, amplifying the target sequence exponentially (Figure 2, bottom). PCR is performed in a thermal cycler, which is programmed to rapidly heat, cool and maintain samples at designated temperatures for varying amounts of time.

In this experiment, a hypothetical scenario involves the U.S. Federal Drug Administration (FDA) laboratory, which has obtained cattle feed samples from different feed mills. Using bovine specific primers, PCR has been performed on each of these samples. Students submit the samples to agarose gel electrophoresis to determine if any of the cattle feed samples contain bovine proteins, which could propagate mad cow disease. The presence of an amplified product indicates the presence of bovine products in the cattle feed, in violation of the federal statute.

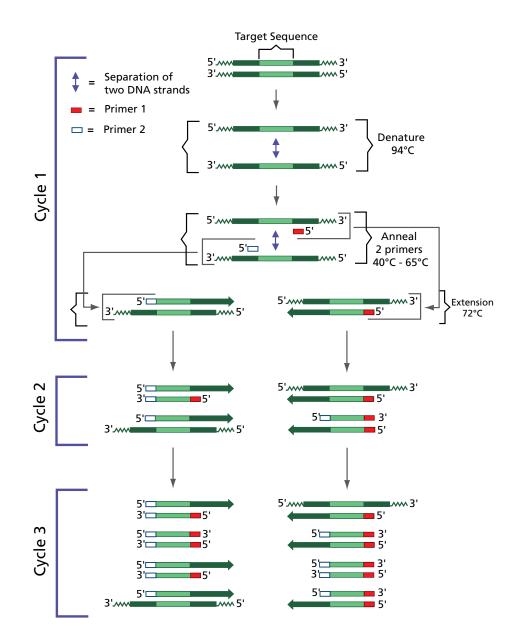


Figure 2: DNA Amplification by the Polymerase Chain Reaction



EDVO-Kit #117

Experiment Overview

EXPERIMENT OBJECTIVE

The objective of this experiment is to educate students about Bovine Spongiform Encephalopathy (BSE), better known as Mad Cow disease.

LABORATORY SAFETY

- 1. Gloves and goggles should be worn routinely as good laboratory practice.
- 2. Exercise extreme caution when working with equipment that is used in conjunction with the heating and/or melting of reagents.
- 3. DO NOT MOUTH PIPET REAGENTS USE PIPET PUMPS.
- 4. Exercise caution when using any electrical equipment in the laboratory.
- 5. Always wash hands thoroughly with soap and water after handling reagents or biological materials in the laboratory.

LABORATORY NOTEBOOKS

Scientists document everything that happens during an experiment, including experimental conditions, thoughts and observations while conducting the experiment, and, of course, any data collected. Today, you'll be documenting your experiment in a laboratory notebook or on a separate worksheet.

Before starting the Experiment:

- Carefully read the introduction and the protocol. Use this information to form a hypothesis for this experiment.
- Predict the results of your experiment.

During the Experiment:

• Record your observations.

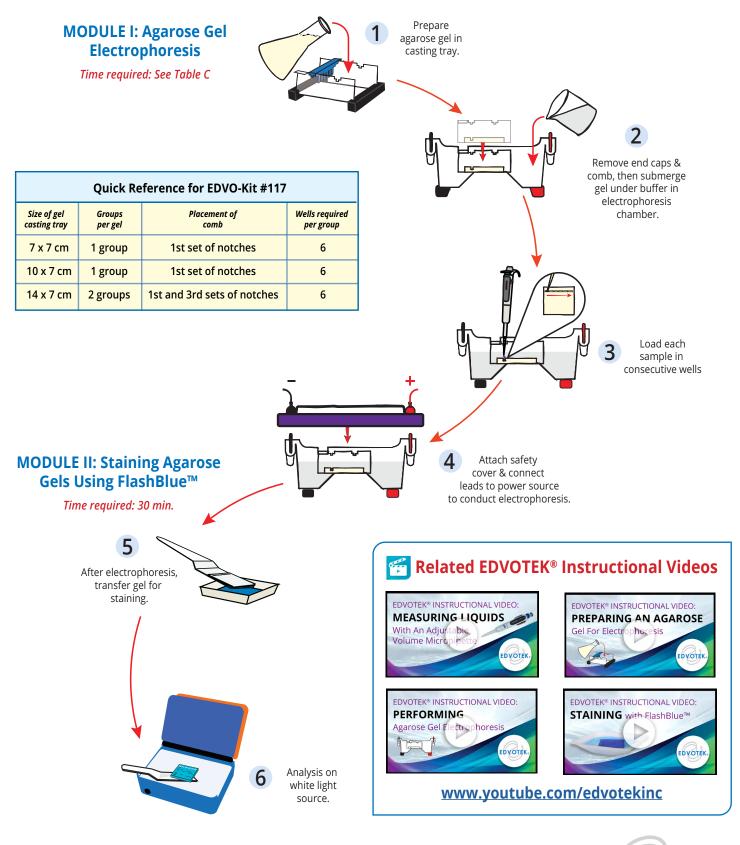
After the Experiment:

- Interpret the results does your data support or contradict your hypothesis?
- If you repeated this experiment, what would you change? Revise your hypothesis to reflect this change.





Experiment Overview



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Wear gloves and safety goggles

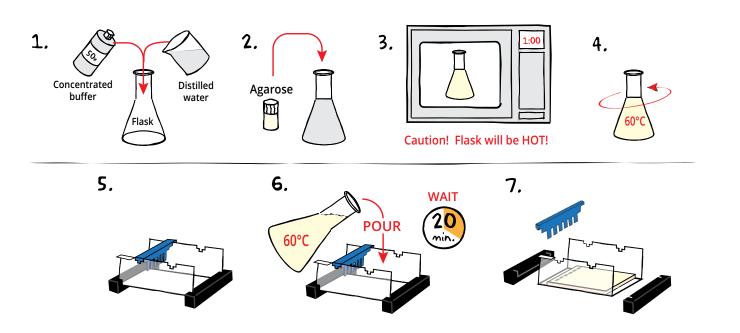
REMINDER:

This experiment

requires 0.8% agarose gels cast

with 6 wells.

Module I: Agarose Gel Electrophoresis



CASTING THE AGAROSE GEL

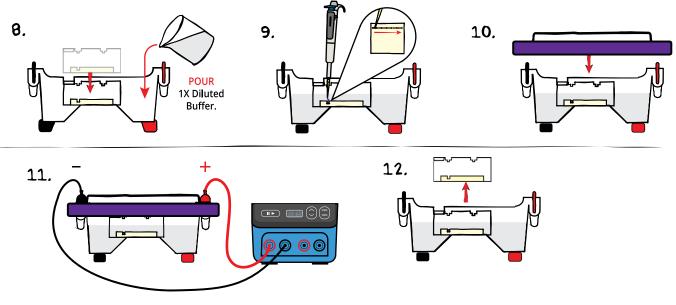
- 1. **DILUTE** concentrated 50X Electrophoresis buffer with distilled water (refer to Table A for correct volumes depending on the size of your gel casting tray).
- 2. MIX agarose powder with buffer solution in a 250 mL flask (refer to Table A).
- DISSOLVE agarose powder by boiling the solution. MICROWAVE the solution on high for 1 minute. Carefully REMOVE the flask from the microwave and MIX by swirling the flask. Continue to HEAT the solution in 15-second bursts until the agarose is completely dissolved (the solution should be clear like water).
- 4. **COOL** agarose to 60 °C with careful swirling to promote even dissipation of heat.
- 5. While agarose is cooling, **SEAL** the ends of the gel-casting tray with the rubber end caps. **PLACE** the well template (comb) in the appropriate notch.
- 6. **POUR** the cooled agarose solution into the prepared gel-casting tray. The gel should thoroughly solidify within 20 minutes. The gel will stiffen and become less transparent as it solidifies.
- 7. **REMOVE** end caps and comb. Take particular care when removing the comb to prevent damage to the wells.

	Table A	Individual 0.8% UltraSpec-Agarose™ Gels				
٦		of Gel Ng tray	Concentrated Buffer (50x)	+ Distilled + Water +	Ant of Agarose	= tOTAL Volume
	7 x 7	7 cm	0.6 mL	29.4 mL	0.24 g	30 mL
	10 x 3	7 cm*	0.9 mL	44.1 mL	0.36 g	45 mL
	14 x	7 cm	1.2 mL	58.8 mL	0.48 g	60 mL

^{*}Recommended gel volume for the EDGE™ Integrated Electrophoresis System. (Cat. #500).



Module I: Agarose Gel Electrophoresis



RUNNING THE GEL

- PLACE the gel (still on the tray*) into the electrophoresis chamber. COVER the gel with 1X Electrophoresis Buffer (See Table B for recommended volumes). The gel should be completely submerged.
- 9. **PUNCTURE** the foil overlay of the QuickStrip[™] with a pipet tip. **LOAD** the entire sample (35 μL) into the well in the order indicated by Table 1, at right.
- 10. **PLACE** safety cover on the unit. **CHECK** that the gel is properly oriented. Remember, the DNA samples will migrate toward the positive (red) electrode.
- 11. **CONNECT** leads to the power source and **PERFORM** electrophoresis (See Table C for time and voltage guidelines). Allow the tracking dye to migrate at least 3 cm from the wells.
- 12. After electrophoresis is complete, **REMOVE** the gel and casting tray from the electrophoresis chamber.

	TABLE 1: GEL LOADING			
Lane 1	Tube A	DNA Standard Marker		
2	Tube B	Positive bovine protein control		
3	Tube C	Negative bovine protein control		
4	Tube D	Feed sample from mill #1		
5	Tube E	Feed sample from mill #2		
6	Tube F	Feed sample from mill #3		

Table B	1x Electrophoresis Buffer (Chamber Buffer)			
	DVOTEK Nodel #	Total Volume Required	Dilu 50x Conc. Buffer	rtion + Distilled Water
E	DGE™	150 mL	3 mL	147 mL
	M12	400 mL	8 mL	392 mL
	M36	1000 mL	20 mL	980 mL

Table C	Time and Voltage Guidelines (0.8% Agarose Gel)			
	Electrophoresis Model EDGE™ M12 & M36			
Volts	Min/Max (minutes)	Min/Max (minutes)		
150	10/20	20/35		
125	N/A	30/45		
100	15/25	40/60		

*Gels that have previously been removed from their trays should be "anchored" back to the tray with a few drops of molten agarose before placing into the electrophoresis chamber. This will prevent the gels from sliding around in the trays and the chambers.

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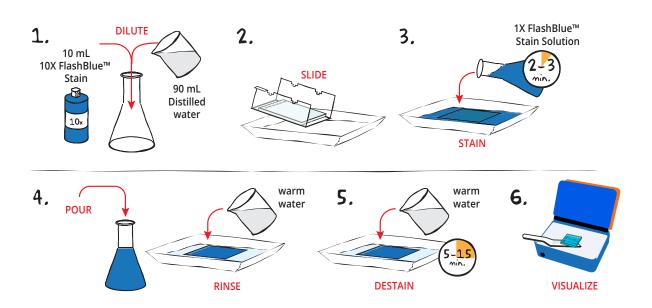
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REMINDER:

Before loading the samples, make sure the gel is properly oriented in the apparatus chamber.

Module II: Staining Agarose Gels Using FlashBlue™



- 1. **DILUTE** 10 mL of 10X concentrated FlashBlue[™] with 90 mL of distilled water in a flask. **MIX** well.
- 2. **REMOVE** the agarose gel and casting tray from the electrophoresis chamber. **SLIDE** the gel off the casting tray into a small, clean gel-staining tray.
- 3. COVER the gel with the 1X FlashBlue[™] stain solution. STAIN the gel for 2-3 minutes. For best results, use an orbital shaker to gently agitate the gel while staining. STAINING THE GEL FOR LONGER THAN 3 MINUTES WILL REQUIRE EXTRA DESTAINING TIME.
- 4. **POUR** the 1X FlashBlue[™] back into the flask (the stain can be reused). **COVER** the gel with warm water (40-45 °C). Gently **RINSE** the gel for 20-30 seconds. **POUR** off the water.
- 5. **COVER** the gel with clean, warm water (40-45 °C). **DESTAIN** for 5-15 minutes with gentle shaking (longer periods will yield better results). DNA bands will start to appear after 5 minutes of destaining. Changing the water frequently will accelerate destaining.
- 6. Carefully **REMOVE** the gel from the destaining liquid. **VISUALIZE** results using a white light visualization system. DNA will appear as dark blue bands on a light blue background.

ALTERNATIVE FLASHBLUE™ STAINING PROTOCOL:

- 1. **DILUTE** 1 mL of 10X FlashBlue[™] stain with 149 mL distilled water.
- 2. **COVER** the gel with diluted FlashBlue[™] stain.
- 3. SOAK the gel in the staining liquid for at least three hours. For best results, stain gels overnight.
- 4. Carefully **REMOVE** the gel from the staining liquid. **VISUALIZE** results using a white light visualization system. DNA will appear as dark blue bands on a light blue background.





Module III: Data Analysis Using a Standard Curve

Agarose gel electrophoresis separates biomolecules into discrete bands, each comprising molecules of the same size. How can these results be used to determine the lengths of different fragments? Remember, as the length of a biomolecule increases, the distance to which the molecule can migrate decreases because large molecules cannot pass through the channels in the gel with ease. Therefore, the migration rate is inversely proportional to the length of the molecules—more specifically, to the log10 of molecule's length. To illustrate this, we ran a sample that contains bands of known lengths called a "standard". We will measure the distance that each of these bands traveled to create a graph, known as a "standard curve", which can then be used to extrapolate the size of unknown molecule(s).

1. Measure and Record Migration Distances

Measure the distance traveled by each Standard DNA Fragment from the lower edge of the sample well to the lower end of each band. Record the distance in centimeters (to the nearest millimeter) in your notebook. Repeat this for each DNA fragment in the standard.

Measure and record the migration distances of each of the fragments in the unknown samples in the same way you measured the standard bands.

2. Generate a Standard Curve

Because migration rate is inversely proportional to the log10 of band length, plotting the data as a semi-log plot will produce a straight line and allow us to analyze an exponential range of fragment sizes. You will notice that the vertical axis of the semi-log plot appears atypical at first; the distance between numbers shrinks as the axis progresses from 1 to 9. This is because the axis represents a logarithmic scale. The first cycle on the y-axis corresponds to lengths from 100-1,000 base pairs, the second cycle measures 1,000-10,000 base pairs, and so on. To create a standard curve on the semi-log paper, plot the distance each Standard DNA fragment migrated on the x-axis (in mm) versus its size on the y-axis (in base pairs). Be sure to label the axes!

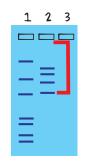
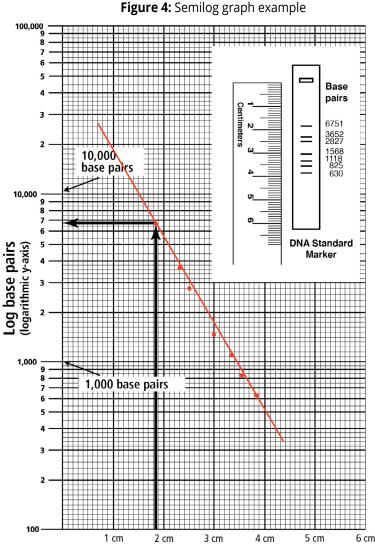


Figure 3:

Measure distance migrated from the lower edge of the well to the lower edge of each band.



Migration Distance (non-logarithmic x-axis)

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After all the points have been plotted, use a ruler or a straight edge to draw the best straight line possible through the points. The line should have approximately equal numbers of points scattered on each side of the line. It is okay if the line runs through some points (see Figure 4 for an example).

3. Determine the length of each unknown fragment.

- a. Locate the migration distance of the unknown fragment on the x-axis of your semi-log graph. Draw a vertical line extending from that point until it intersects the line of your standard curve.
- b. From the point of intersection, draw a second line, this time horizontally, toward the y-axis. The value at which this line intersects the y-axis represents the approximate size of the fragment in base pairs (refer to Figure 4 for an example). Make note of this in your lab notebook.
- c. Repeat for each fragment in your unknown sample.

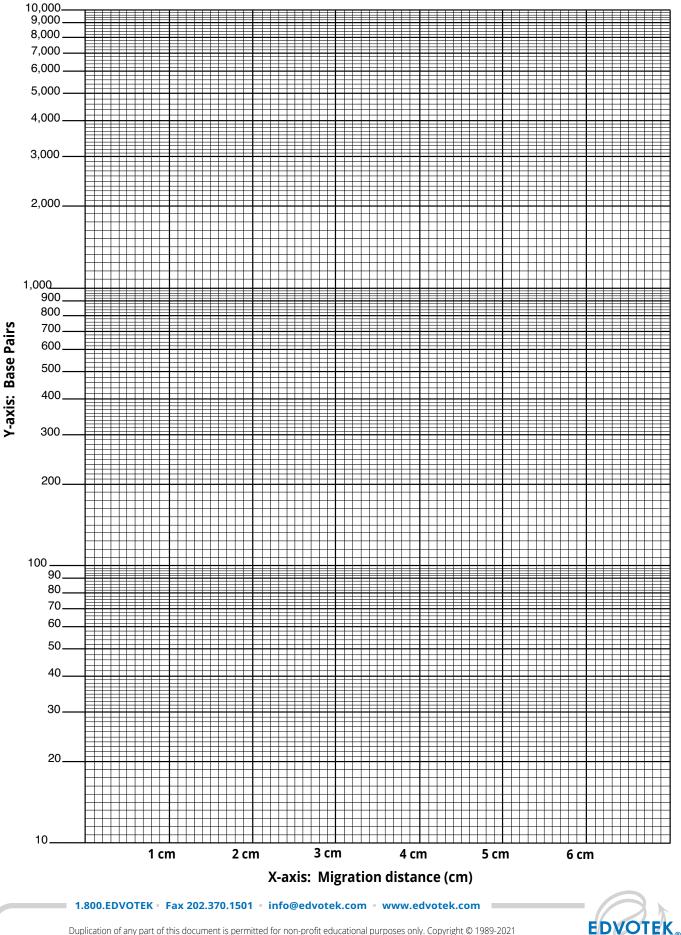




Quick Reference: DNA Standard fragment

sizes - length is expressed in base pairs. 6751, 3652, 2827, 1568,

1118, 825, 630



Study Questions

- 1. What is a prion? How might a prion-based disease be transmitted?
- 2. What is bovine spongiform encephalopathy? What are some characteristics of this condition?
- 3. What is Creutzfield-Jacob disease? How is it contracted?



Instructor's Guide

ADVANCE PREPARATION:

PREPARATION FOR:	WHAT TO DO:	WHEN?	TIME REQUIRED:
Module I: Agarose Gel Electrophoresis	Prepare QuickStrips™.		45 min.
	Prepare diluted electrophoresis buffer.	Up to one day before performing	
	Prepare molten agarose and pour gels.	the experiment.	
Module II: Staining Agarose Gels Using FlashBlue™	Prepare staining components.	The class period or overnight after the class period.	10 min.





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Pre-Lab Preparations: Module I

AGAROSE GEL ELECTROPHORESIS

This experiment requires 0.8% agarose gels. Enough reagents are provided to cast either eight 7 x 7 cm gels, eight 10 x 7 cm gels, or four 14 x 7 cm gels. You can choose whether to prepare the gels in advance or have students prepare their own. Allow approximately 30 minutes for this procedure.

Quick Reference for EDVO-Kit #117			
Size of gel Groups Placement of Wells required casting tray per gel comb per group			
7 x 7 cm	1 group	1st set of notches	6
10 x 7 cm	1 group	1st set of notches	6
14 x 7 cm	2 groups	1st and 3rd sets of notches	6

FOR MODULE I Each group will need:

- 50x concentrated buffer
- Distilled Water
- UltraSpec-Agarose[™]
- QuickStrip[™] Samples

NOTE:
This kit is compatible with
<u>SYBR[®] Safe Stain</u>
(Cat #608, not included).
Instructions for preparing gels
and visualizing
results can be found
in Appendix C.

Individual Gel Preparation:

Each student group can be responsible for casting their own individual gel prior to conducting the experiment. See Module I in the Student's Experimental Procedure. Students will need 50x concentrated buffer, distilled water and agarose powder.

Batch Gel Preparation:

To save time, a larger quantity of agarose solution can be prepared for sharing by the class. Electrophoresis buffer can also be prepared in bulk. See Appendix B.

Preparing Gels in Advance:

Gels may be prepared ahead and stored for later use. Solidified gels can be stored under buffer in the refrigerator for up to 2 weeks.

Do not freeze gels at -20 °C as freezing will destroy the gels.

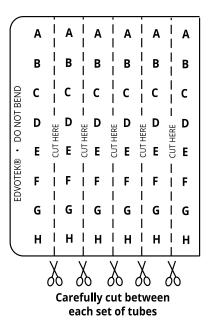
Gels that have been removed from their trays for storage should be "anchored" back to the tray with a few drops of molten agarose before being placed into the tray. This will prevent the gels from sliding around in the trays and the chambers.

SAMPLES FORMAT: PREPARING THE QUICKSTRIPS™

QuickStrip[™] tubes consist of a microtiter block covered with a protective foil overlay. Each well contains pre-aliquoted sample.

Using sharp scissors, carefully divide the block of tubes into individual strips by cutting between the rows (see diagram at right). Take care not to damage the foil overlay while separating the samples.

Each lab group will receive one set of tubes. Before loading the gel, remind students to tap the tubes to collect the sample at the bottom of the tube. Puncture the foil overlay of the QuickStrip[™] with a pipet tip to aspirate the sample. *Do not remove the* foil as samples can spill.





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Pre-Lab Preparations: Module II

STAINING AGAROSE GELS USING FLASHBLUE™

FlashBlue[™] stain is optimized to shorten the time required for both staining and destaining steps. Agarose gels can be stained with diluted FlashBlue[™] for 5 minutes and destained for only 20 minutes. For the best results, leave the gel in liquid overnight. This will allow the stained gel to "equilibrate" in the destaining solution, resulting in dark blue DNA bands contrasting against a uniformly light blue background. A white light box (Cat. #552) is recommended for visualizing gels stained with FlashBlue[™].

• Stained gels may be stored in destaining liquid for several weeks with refrigeration, although the bands may fade with time. If this happens, re-stain the gel.

FOR MODULE II Each group will need:

- 10 mL 10X concentrated FlashBlue OR 100 mL 1x diluted FlashBlue
- Small plastic tray or weight boat
- Distilled or deionized water
- Destained gels can be discarded in solid waste disposal. Destaining solutions can be disposed of down the drain.

PHOTODOCUMENTATION OF DNA (OPTIONAL)

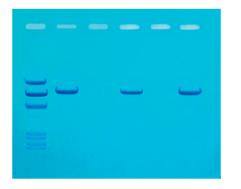
Once gels are stained, you may wish to photograph your results. There are many different photodocumentation systems available, including digital systems that are interfaced directly with computers. Specific instructions will vary depending upon the type of photodocumentation system you are using.

NOTE:

Accurate pipetting is critical for maximizing successful experiment results. EDVOTEK Series 100 experiments are designed for students who have had previous experience with micropipetting techniques and agarose gel electrophoresis.

If students are unfamiliar with using micropipettes, we recommended performing **Cat. #S-44, Micropipetting Basics** or **Cat. #S-43, DNA DuraGel™** prior to conducting this experiment.

Experiment Results and Analysis



Includes EDVOTEK's All-NEW DNA Standard Marker • Better separation • Easier band measurements • No unused bands NEW DNA Standard ladder sizes: 6751, 3652, 2827, 1568, 1118, 825, 630

In the idealized schematic, the relative positions of DNA fragments are shown but are not depicted to scale.

Lane	Tube	Sample	Molecular Weights (in bp)
1	A	DNA Standard Markers	6751, 3652, 2827, 1568 1118, 825, 630
2	В	Positive Bovine Protein Control	4282
3	С	Negative Bovine Protein Control	No Bands
4	D	Feed Sample from Mill #1	4282
5	E	Feed Sample from Mill #2	No Bands
6	F	Feed Sample from Mill #3	4282

The gel results show feed sample from mill #1 and mill #3 are positive for bovine protein. Feed sample from mill #2 shows negative for bovine protein.



Questions and Answers to Study Questions

1. What is a prion? How might a prion-based disease be transmitted?

A prion (acronym for proteinaceous infectious particle) is an infectious protein that is a misshapen counterpart of a native protein (PrP). Following infection, the prion protein propagates itself by causing its native counterpart to distort to the shape of the prion. Prions are transmitted from one animal to another by direct contact with infected tissues; i.e., direct exposure diseased blood or brain.

2. What is bovine spongiform encephalopathy? What are some characteristics of this condition?

Bovine Spongiform Encephalopathy (BSE), better known as "mad cow disease", is a malady that infects cattle following direct contact with infected tissues from other animals. The disease is characterized by the development of small holes in the brain, which subsequently takes on the appearance of a sponge. Infected cattle become lethargic, develop seizures, and may lose motor control, thus appearing "mad". BSE is inevitably fatal.

3. What is Creutzfield-Jacob disease? How is it contracted?

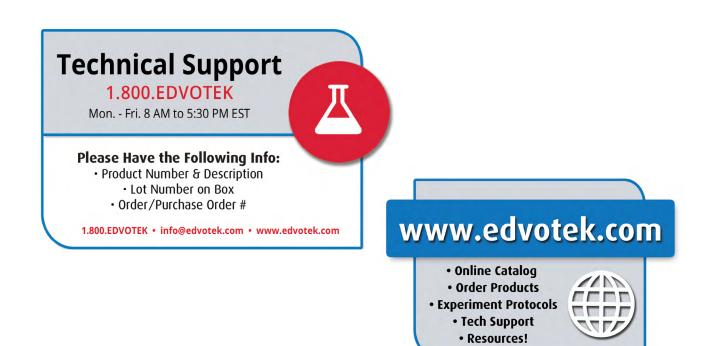
Creutzfeldt-Jakob disease (CJD) is a prion-based human syndrome characterized by brain and neuron wasting. Initial symptoms are memory loss and lack of coordination. Disease progression results in eventual loss of motor control, blindness, coma, and, inevitably, death. Classical CJD is thought to occur by the spontaneous conversion of the cellular prion protein (PrP) to it infectious form. New variant CJD (nvCJD) is thought to arise from the consumption of beef infected with bovine spongiform encephalopathy (mad cow disease).



Appendices

- A EDVOTEK® Troubleshooting Guide
- B Bulk Preparation of Electrophoresis Buffer and Agarose Gels
- C Using SYBR® Safe Stain (OPTIONAL)

Safety Data Sheets can be found on our website: www.edvotek.com/safety-data-sheets



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Appendix A

EDVOTEK® Troubleshooting Guides

PROBLEM:	CAUSE:	ANSWER:
	The gel was not prepared properly.	Ensure that the electrophoresis buffer was correctly diluted.
Bands are not visible on the gel.	The gel was not stained properly.	Repeat staining protocol.
Ū	Malfunctioning electrophoresis unit or power source.	Contact the manufacturer of the electrophoresis unit or power source.
After staining the gel,	The gel was not stained for a sufficient period of time.	Repeat staining protocol.
the DNA bands are faint.	The background of gel is too dark after staining with FlashBlue™.	Destain the gel for 5-10 minutes in distilled water.
DNA bands were not resolved.	Tracking dye should migrate at least 3 cm from the wells to ensure adequate separation.	Be sure to run the gel at least 3 cm before staining and visualizing the DNA (approximately 15-20 minutes at 150 V).
DNA bands fade when gels are kept at 4 °C.	DNA stained with FlashBlue™ may fade with time.	Re-stain the gel with FlashBlue™.
There is no separation between DNA bands, even though the tracking dye ran the appropriate distance.	The wrong percent gel was used for electrophoretic separation.	Be sure to prepare the correct percent agarose gel. For reference, the Ready-to-Load™ DNA samples should be analyzed using a 0.8% agarose gel.
There's not enough sample in my QuickStrip™.	The QuickStrip™ has dried out.	Add 40 μL water, gently pipet up and down to mix before loading.

Visit <u>www.edvotek.com</u> for additional troubleshooting suggestions.



Appendix B

Bulk Preparation of Electrophoresis Buffer and Agarose Gels

To save time, the electrophoresis buffer and agarose gel solution can be prepared in larger quantities for sharing by the class. Unused diluted buffer can be used at a later time and solidified agarose gel solution can be remelted.

Bulk Electrophoresis Buffer

Quantity (bulk) preparation for 3 liters of 1x electrophoresis buffer is outlined in Table D.

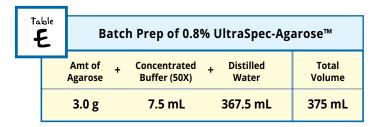
Batch Agarose Gels (0.8%)

For quantity (batch) preparation of 0.8% agarose gels, see Table E.

- 1. Use a 500 mL flask to prepare the diluted gel buffer.
- 2. Pour 3.0 grams of UltraSpec-Agarose[™] into the prepared buffer. Swirl to disperse clumps.
- 3. With a marking pen, indicate the level of solution volume on the outside of the flask.
- 4. Heat the agarose solution as outlined previously for individual gel preparation. The heating time will require adjustment due to the larger total volume of gel buffer solution.
- 5. Cool the agarose solution to 60 °C with swirling to promote even dissipation of heat. If evaporation has occurred, add distilled water to bring the solution up to the original volume as marked on the flask in step 3.
- 6. Dispense the required volume of cooled agarose solution for casting each gel. Measure 30 mL for a 7 x 7 cm tray, 45 mL for a 10 x 7 cm tray, and 60 mL for a 14 x 7 cm tray. *For this experiment, 7 x 7 cm gels are recommended.*
- 7. Allow the gel to completely solidify. It will become firm and cool to the touch after approximately 20 minutes. Solidified gels can be stored under buffer in the refrigerator for up to 2 weeks. Do not freeze gels.

PROCEED to Loading and Running the Gel (page 9).

Table D	Bulk Preparation of Electrophoresis Buffer					
	50x Conc. Buffer		Distilled Water	Total Volume Required		
60 mL			2,940 mL	3000 mL (3 L)		



60°C

NOTE:

The UltraSpec-Agarose™ kit component is usually labeled with the amount it contains. Please read the label carefully. If the amount of agarose is not specified or if the bottle's plastic seal has been broken, weigh the agarose to ensure you are using the correct amount.



Appendix C

Using SYBR[®] Safe DNA Stain (OPTIONAL)

If desired, the DNA samples in this experiment can be visualized using <u>SYBR® Safe DNA stain (Cat #608)</u>. We recommend adding diluted SYBR® Safe stain to the liquid agarose gels while casting for easy, reproducible results. A blue light or UV transilluminator is needed for visualizing SYBR® gels. The TruBlu™ 2 (<u>Cat. #557</u>) is highly recommended.

PREPARING SYBR® SAFE STAIN

Instructors:

- 1. Prepare 1x Electrophoresis Buffer by combining 10 μL of 50X Concentrated Buffer with 490 μL of distilled water.
- 2. Add 20 µL of the SYBR[®] Safe to the tube of 1X buffer from Step 1 and mix by tapping the tube several times. The diluted SYBR[®] Safe Stain is now ready to be used during agarose gel preparation.

AGAROSE GEL PREPARATION

This experiment requires one 0.8% agarose gel for each student group. Instructors can choose whether to prepare the gels in advance (METHOD A) or have the students prepare their own (METHOD B). Allow approximately 30-40 minutes for this procedure.

Instructor Preparation (METHOD A):

For quantity (batch) preparation of agarose gels, see Table E.

- 1. Use a 500 mL flask to prepare the diluted gel buffer.
- 2. Pour 3.0 grams of UltraSpec-Agarose[™] into the prepared buffer. Swirl to disperse clumps.
- 3. With a marking pen, indicate the level of solution volume on the outside of the flask.
- 4. Heat the agarose solution as outlined previously for individual gel preparation. The heating time will require adjustment due to the larger total volume of gel buffer solution.
- 5. Cool the agarose solution to 60 °C with swirling to promote even dissipation of heat. If evaporation has occurred, add distilled water to bring the solution up to the original volume as marked on the flask in step 3.

6. Add the entire tube of *diluted* **SYBR® Safe** stain to the cooled agarose and mix well.

- 7. Dispense the required volume of cooled agarose solution for casting each gel. Measure 30 mL for a 7 x 7 cm tray, 45 mL for a 10 x 7 cm tray, and 60 mL for a 14 x 7 cm tray. *For this experiment, 7 x 7 cm gels are recommended.*
- 8. Allow the gel to completely solidify. It will become firm and cool to the touch after approximately 20 minutes. Solidified gels can be stored in the refrigerator for up to 2 weeks. Place 1-2 mL of electrophoresis buffer in a sealable bag with the gels to prevent them from drying out. Excessive buffer will cause SYBR[®] Safe to diffuse out of the gels. Do not freeze gels.

PROCEED to Loading and Running the Gel (Steps 8-12 on page 9), followed by the VISUALIZATION procedures on page 25. **NO ADDITIONAL STAINING IS NECESSARY.**



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ta F	ble	Batch Prep of 0.8% UltraSpec-Agarose™						
		Amt of Agarose	+	Concentrated Buffer (50X)	+	Distilled Water	Total Volume	
		3.0 g		7.5 mL		367.5 mL	375 mL	



60°C

Appendix C Using SYBR[®] Safe DNA Stain (OPTIONAL)

AGAROSE GEL PREPARATION, CONTINUED

Student Preparation (METHOD B):

For student preparation of agarose gels, see Table A.2.

- 1. **DILUTE** concentrated (50X) buffer with distilled water to create 1X buffer (see Table A.2).
- 2. **MIX** agarose powder with 1X buffer in a 250 mL flask (see Table A).

	Table											
	A.2	Inc	Individual 0.8% UltraSpec-Agarose™ with SYBR® Stain									
		of Gel ng tray	Concentrated Buffer (50x)	+ Distilled + Water +	Ant of Agarose	= TOTAL Volume	Diluted SYBR® (Step 6)					
	7 x 7 cm 10 x 7 cm*		0.6 mL	29.4 mL	0.24 g	30 mL	30 µL					
			0.9 mL	44.1 mL	0.36 g	45 mL	45 µL					
	14 x	7 cm	1.2 mL	58.8 mL	0.48 g	60 mL	60 µL					

* Recommended gel volume for the EDGE™ Integrated Electrophoresis System.

DISSOLVE agarose powder by boiling the solution.
 MICROWAVE the solution on high for 1 minute.
 Carefully REMOVE the flask from the microwave and

MIX by swirling the flask. Continue to **HEAT** the solution in 15-second bursts until the agarose is completely dissolved (the solution should be clear like water).

- 4. **COOL** agarose to 60 °C with careful swirling to promote even dissipation of heat.
- 5. While agarose is cooling, **SEAL** the ends of the gel-casting tray with the rubber end caps. **PLACE** the well template (comb) in the appropriate notch.
- 6. Before casting the gel, **ADD** <u>diluted</u> SYBR[®] Safe to the cooled agarose and swirl to mix (see Table A.2).
- 7. **POUR** the cooled agarose solution into the prepared gel-casting tray. The gel should thoroughly solidify within 20 minutes. The gel will stiffen and become less transparent as it solidifies.
- 8. **REMOVE** end caps and comb. Take particular care when removing the comb to prevent damage to the wells.

PROCEED to Loading and Running the Gel (Steps 8-12 on page 9), followed by the VISUALIZATION procedures on page 25. **NO ADDITIONAL STAINING IS NECESSARY.**

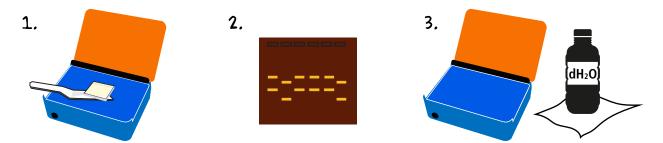




Appendix C Using SYBR[®] Safe DNA Stain (OPTIONAL)

VISUALIZING THE SYBR® GEL

A blue light or UV transilluminator is needed for visualizing SYBR® gels. The TruBlu™ 2 (Cat. #557) is highly recommended.



- 1. **SLIDE** gel off the casting tray onto the viewing surface of the transilluminator.
- 2. Turn the unit **ON**. DNA should appear as bright green bands on a dark background. **PHOTOGRAPH** results.
- 3. Turn the unit **OFF. REMOVE** and **DISPOSE** of the gel. **CLEAN** the transilluminator surfaces with distilled water.



Be sure to wear UV goggles if using a UV transilluminator.

