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TEACHER GUIDE

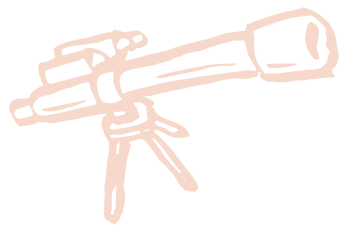
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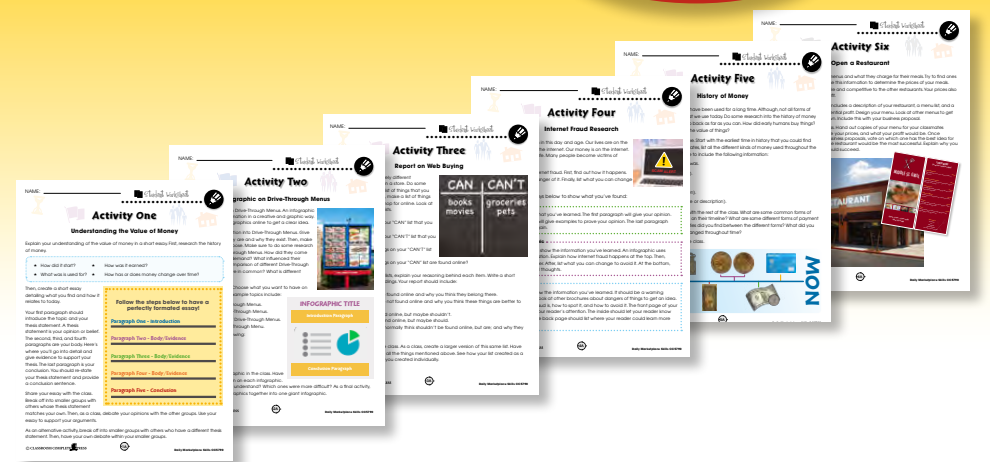


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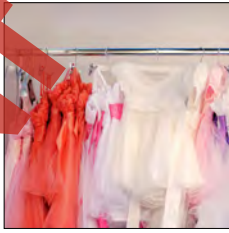
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Buying of Goods and Services

1. A mother buys Halloween costumes for next year. She buys them at full price one day before Halloween. All costumes go on sale for 50% off the day after Halloween. Was this a good idea?



2. Lucy goes to the hardware store. She buys the cheapest electric drill without looking at it. Was this a good idea?

3. A student looks at reviews online for a computer. He finds one with great reviews and a price within his budget. Was this a good idea?

4. Write each term beside its meaning.

informed shopper comparison shopping impulse buying quality

- a) What happens when you buy something not on your list.
- b) Someone who knows why they buy something.
- c) When you look at the same thing from different places for the best deal.
- d) How you would describe something as good or bad.



Buying of Goods and Services

An informed shopper knows to plan ahead. Make a list of the things you need to buy. Know how much money you can spend before you go out. Compare the prices of what you're looking for at lots of places. This is called comparison shopping.

Savings Tip
Plan your meals based on what's on sale.

Avoid impulse buying. This is when you buy something without thinking it over. Don't grocery shop on an empty stomach. You'll buy food without thinking first.

Look at the price and the quality. You have a good buy if the price is within your budget and the quality is worth the price.

Just because the price is good doesn't mean the quality is. Always look at the quality, then price.

Eli is comparing the prices of things in the following 2 flyers. Eli only wants to get the best deals. He knows he will have to visit both stores. Help Eli find the best deal for each item.

| EMPIRE MARKET | | | MAC'S GROCERS | | |
|---------------|----------------------|-------------|---------------|-----------------------|----------------------|
| Apples | Chicken Breast | Tomato Soup | Apples | Chicken Breast | Tomato Soup |
| | | | | | |
| 12 for \$6.00 | Pack of 2 for \$8.00 | Only \$0.50 | 3 for \$1.00 | Pack of 6 for \$12.00 | Case of 6 for \$5.00 |

| Price per... | Empire Market | Mac's Grocers |
|----------------|---------------|---------------|
| Apples | | |
| Chicken Breast | | |
| Tomato Soup | | |

- a) The best deal for apples is at _____.
- b) The best deal for chicken breast is at _____.
- c) The best deal for tomato soup is at _____.



Buying of Goods and Services

1. Circle the word **IMPULSE** if the situation is an example of Impulse Shopping. Circle the word **SMART** if it is an example of Smart Shopping.

- a) Lily goes grocery shopping hungry. She buys more food than what is on her list.
IMPULSE SMART
- b) James shops for clothes. He buys only what he needs. He stays under budget.
IMPULSE SMART
- c) Maria buys something she's been saving up for. It doesn't change her budget.
IMPULSE SMART
- d) Carter goes shopping and sees a good deal on a TV. He isn't sure it will fit in his budget.
IMPULSE SMART

2. Fill in each blank with the correct word from the reading.

An informed shopper knows how to _____ money. An informed shopper is someone who makes good _____ choices. An informed shopper knows to _____ ahead. Make a list of the things you need to buy. Know how much money you can spend before you go out. _____ the prices of what you're looking for at lots of places. This is called _____ shopping.



Buying of Goods and Services

3. Jasmine has a budget of \$600 to paint her house. Below is a list of quotes for painting services. Based on the ratings and prices, which service should Jasmine go with?

| One Coat Inc. | Mr. Paintworks | A&K | Hughes Painting | The Painting Co. |
|---------------|----------------|--------|-----------------|------------------|
| \$200 | \$1,000 | \$500 | \$600 | \$550 |
| ★ | ★★★★★ | ★★★★ | ★★ | ★★★ |
| Yes No | Yes No | Yes No | Yes No | Yes No |

Graphic Organizer

4. Use the graphic organizer on page 18 to help comparison shop.

In the first column, list the things you will want to buy. In the second to fourth columns, write down the stores you will use to compare. For each thing on your list, write down the cost from each store.

Use this graphic organizer to help plan your spending. Help stay under budget and get the most out of your money.

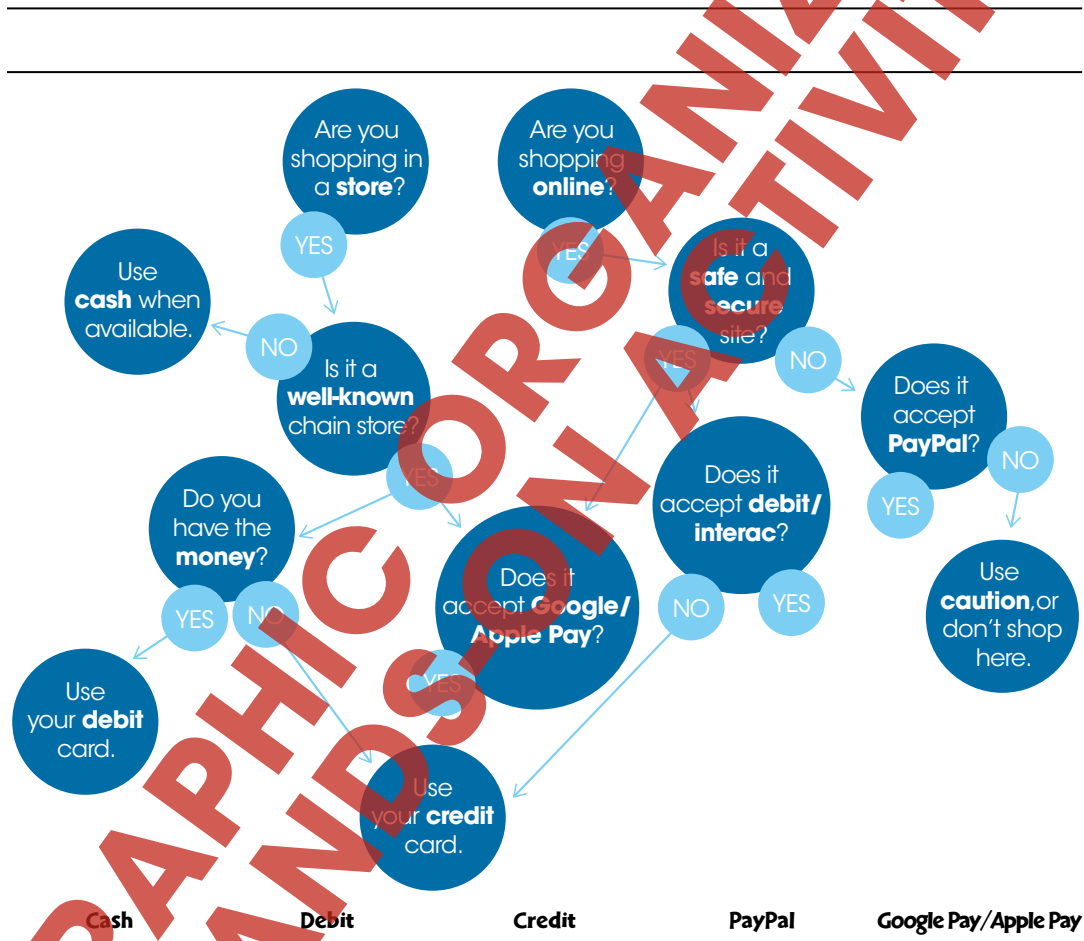
To help you compare prices, spend time in each store. Write down what things cost at each store. Keep an eye out on sales, coupons and flyers for each store. Know how much things cost at each store and when things are on sale. Use this graphic organizer to help you comparison shop.



Forms of Payment

Forms of Payment Map

Scenario: _____



Cash Debit Credit PayPal Google Pay/Apple Pay

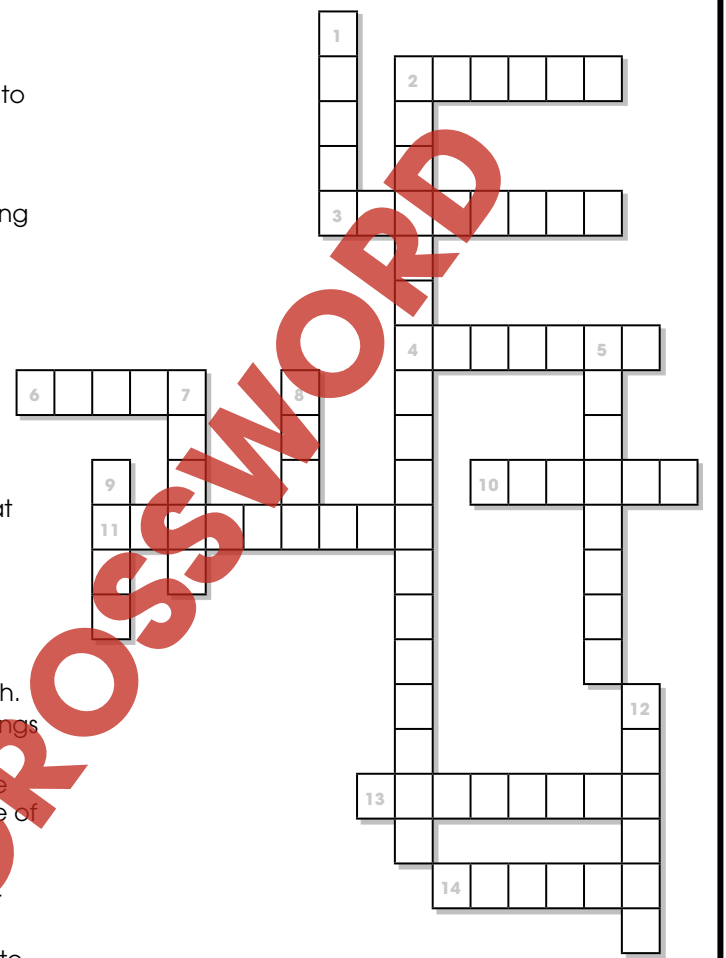
Crossword Puzzle!

Across

- A _____ card is good to use in an emergency.
- What you spend your money on.
- When you buy something without thinking.
- When someone steals your information and uses it.
- You can see what's on sale at grocery stores with these.
- Things like water, heat, electricity.
- Being smart about what you buy.
- The money you make from working.

Down

- What something is worth.
- When you compare things before buying.
- _____ is paid to the government for the sale of things.
- A _____ card lets you take money out of your bank account.
- When you owe money to someone or something.
- A tax on something coming from another country.
- How much money you have to spend.



Word List

- | | | |
|--------|----------|---------------------|
| duty | flies | utilities |
| debt | fraud | income |
| value | impulse | sales tax |
| debit | budget | informed |
| credit | expenses | comparison shopping |

Comprehension Quiz

Part A

Circle **TRUE** if the statement is TRUE or **FALSE** if it is FALSE.

- You can't budget for a night out at a restaurant.
TRUE FALSE
- A sales receipt shows what method of payment was used.
TRUE FALSE
- Some hidden costs are shipping and duty.
TRUE FALSE
- Our needs include food, shelter, and clothes.
TRUE FALSE
- A savings account uses a debit card to add and take money.
TRUE FALSE
- Comparison shop to find the best deal.
TRUE FALSE

Part B

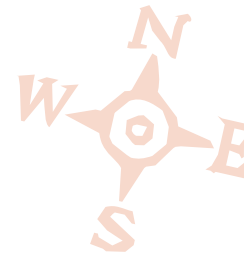
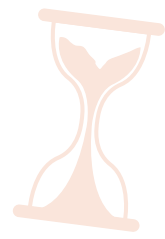
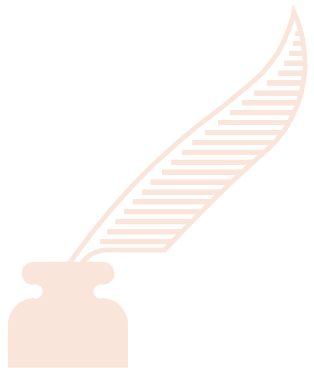
- Put a check mark (✓) next to the answer that is most correct.
 - Andrew doesn't have enough money at the cash. What thing should he put back?
 - A toilet paper
 - B plastic cups
 - C bread
 - D milk
 - What form of payment can you NOT use online?
 - A Google Pay
 - B PayPal
 - C cash
 - D credit

SUBTOTAL: /8

Grocery Flyer

Grocery Savings





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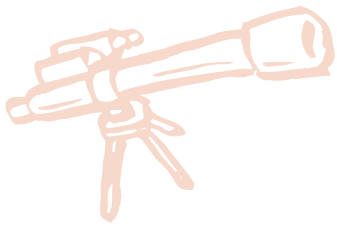
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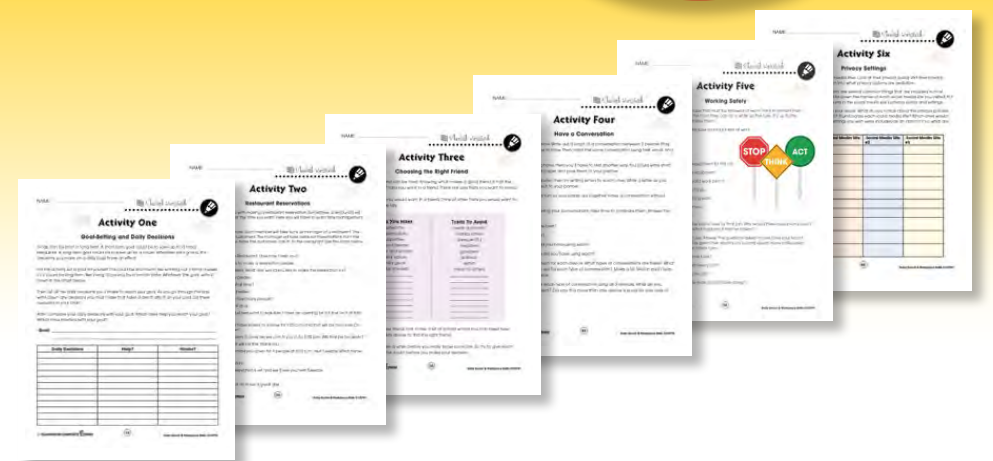


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NAME: _____



Making Appointments & Filling Out Forms

1. Topher is filling out a rental application form. List all the things that you think will be on the form.

2. Zoey is filling out the emergency contact part of a form. List all the things that you think will be on the form.

3. Write each term beside its meaning.

| | | |
|-------------------------|----------------------|----------------|
| information reservation | appointment walk-ins | relevant forms |
|-------------------------|----------------------|----------------|

- _____ a) A planned meeting.
- _____ b) Coming in off the street with no appointment.
- _____ c) To save a time and a place for something.
- _____ d) A sheet of paper to be filled out.
- _____ e) To be closely connected.
- _____ f) Things learned about something.

NAME: _____



Making Appointments & Filling Out Forms

Filling out forms is a normal thing to do in lots of places. Say you made an appointment to see a doctor. You may have to fill out a 'new patient form'. This is so the doctor has all your information.

- ✓ Name
- ✓ Contact information (address, phone, email)
- ✓ Gender
- ✓ Marital status

There are two things you will be asked for. This is your personal and relevant information. Personal is your name and how to reach you.

Relevant is anything that applies to the reason for the visit. Say you're filling out a 'new patient form'. Relevant information will be the reason for the visit. It can also be any medicine you're taking and if you have any allergies.

Social Tip

Don't give out your phone or email if you don't want to be contacted.

Francis is a new patient. Here is a new patient form that Francis fills out.

| | | | |
|---|----------------------------|--|----------------|
| PERSONAL | | | |
| Schooling Last Name | Francis First Name | Male Initial | Male Gender |
| 123 Address | Seamore St. Street | Unit B Apartment # | |
| San Diego City | California State | 92159 Zip | |
| francis_schooling@mail.com Email | 619-555-6195 Phone | 08/17/1993 Date of Birth (mm/dd/yyyy) | |
| Amanda Schooling Emergency Contact | Mother Relationship | 619-555-6195 Phone | |
| COVERAGE <input type="checkbox"/> None <input checked="" type="checkbox"/> Insurance | | | |
| Fielding Insurance Company | 1234567 Group # | 1234567890 Policy/ID # | |
| HEALTH | | | |
| Peanuts, cat hair Allergies | None Current Medication | None Past Medication | |

NAME: _____



Making Appointments & Filling Out Forms

1. Circle the word **APPOINTMENT** if the situation needs an appointment. Circle the word **WALK-IN** if it doesn't.

- a) Victoria goes to the free clinic during her day off.
APPOINTMENT **WALK-IN**
- b) Hunter and Ethan go to the local deli for lunch.
APPOINTMENT **WALK-IN**
- c) Sebastian goes to see his eye doctor.
APPOINTMENT **WALK-IN**
- d) Natalie stops by the hair cutters on her way home.
APPOINTMENT **WALK-IN**

2. Fill in each blank with the correct word(s) from the reading.

Filling out forms is a normal thing to do in lots of places. Say you made an _____ a

to see a doctor. You may have to fill out a '_____ b form'. There are two things

you will be asked for. _____ c is your name and how to reach you. _____ d

is anything that applies to the reason for the visit.

NAME: _____



Making Appointments & Filling Out Forms

3. Lillian is filling out an application form for a new job. First she puts in her name, address, phone number and email address. Then, she lists where she went to school and what her last job was. Underneath, she lists some of her skills. Finally, she adds some people as her reference. She puts down their name, their phone number, and how she knows them.



List the relevant information found on this form. Why is it relevant?

Graphic Organizer

4. Use the graphic organizer on page 18 to help you fill out forms. All forms are different. One thing every form has in common is your personal information. The organizer is a sample of a general form. Fill out the form with your personal information. Keep this in a safe place. Somewhere you'll know where to find it. Use it as a reference when filling out forms.



Workplace & Volunteering Behaviors

Career Path Map

Ideal Career Path:

Step 1: Interests

Step 2: Education

Step 3: Steps

Step 4: Outcome



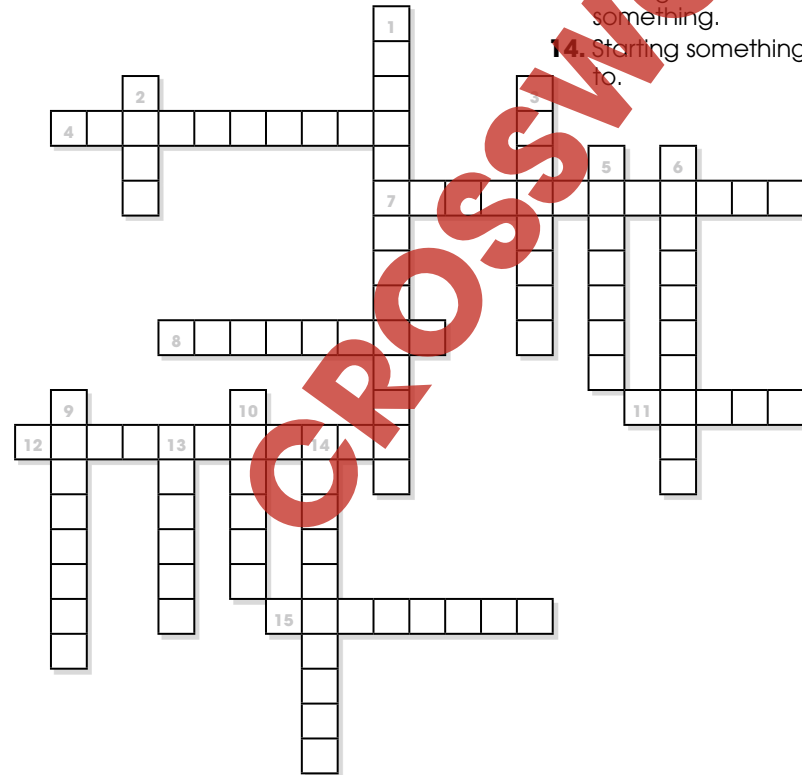
Crossword Puzzle!

Across

- 4. Rely and trust to do something.
- 7. A friend you don't know very well.
- 8. Things you do every day.
- 11. Things you want to reach in your life.
- 12. An appointment you make with a restaurant.
- 15. When people show up without an appointment.

Down

- 1. Not wasting time.
- 2. Junk mail.
- 3. How you act.
- 5. What you wear at work.
- 6. An exact copy of something.
- 9. When something applies to something else.
- 10. When someone breaks into your account.
- 13. Letting someone know about something.
- 14. Starting something without being told to.



Word List

- acquaintance
- behavior
- carbon copy
- dependable
- goals
- hacked
- initiative
- relevant
- report
- reservation
- routines
- spam
- time
- management
- uniform
- walk-ins



Comprehension Quiz

Part A

18

Circle **TRUE** if the statement is TRUE or **FALSE** if it is FALSE.

- 1. Saving up for a new car is a daily routine.
TRUE **FALSE**
- 2. Appointments help manage time.
TRUE **FALSE**
- 3. A friend is someone you like to spend time with.
TRUE **FALSE**
- 4. It's okay to text for work.
TRUE **FALSE**
- 5. It's good to be at least 5 minutes early for work.
TRUE **FALSE**
- 6. The best way to protect yourself is to set your privacy.
TRUE **FALSE**

Part B

2. Put a check mark (✓) next to the answer that is most correct.

a) Which is an example of relevant information?

- A Name
- B Address
- C Gender
- D Allergies

b) What is NOT a way to behave at work?

- A be honest
- B be selfish
- C show loyalty
- D be kind

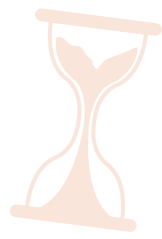
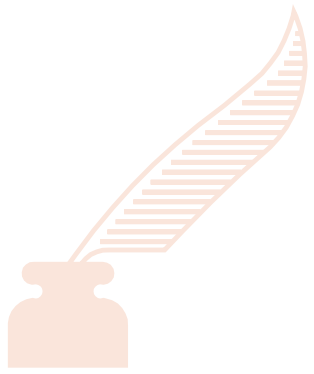
SUBTOTAL: /8

Weekly Home Chore Chart

MY CHORE CHART

| Sun. | Mon. | Tues. | Wed. | Thurs. | Fri. | Sat. |
|------|------|-------|------|--------|------|------|
| | | | | | | |
| | | | | | | |
| | | | | | | |
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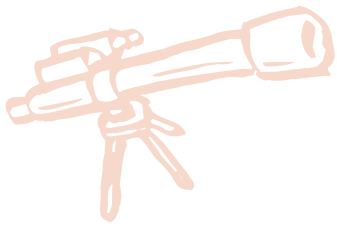
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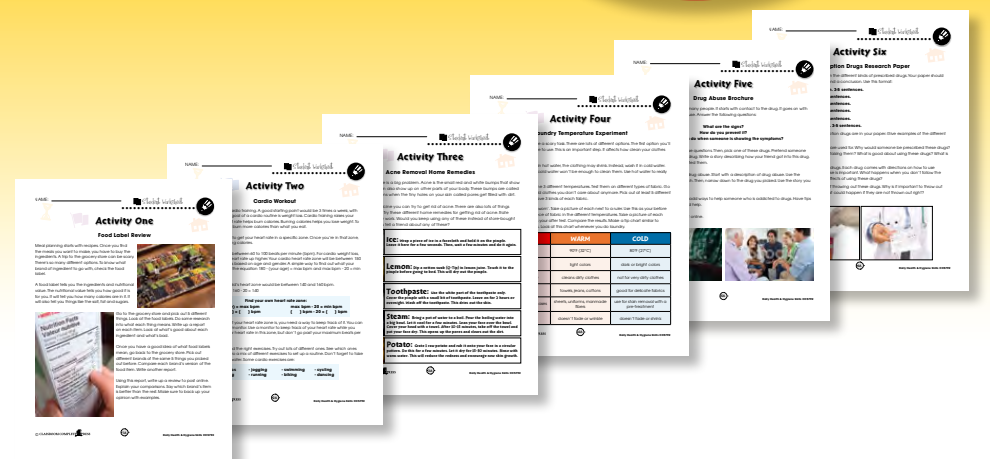


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Household Care: Cooking, Laundry and Cleaning

1. Mikhail is making dinner for his friends. He decides to make a chicken stir-fry. First he cuts his meat and cooks it until it's done. Then, he uses the same knife and board to cut up all his vegetables. He adds that to the chicken. Finally, he adds the sauce and lets the dish cook. What mistakes did Mikhail make?



2. Carla is doing the laundry. She washes light and dark colors together. She uses the hot water setting. She measures out the right amount of detergent and fabric softener. What mistakes did Carla make?

3. Use the words in the box to answer each question. You may use a dictionary to help you.

allergies tidy sterilize germs

- a) What are very small but have the power to make you very sick?
- b) This means to clean very well. It also makes things safe to touch.
- c) Lots of people suffer from this. Common ones are peanuts, pets, and pollen.
- d) What does it mean to keep things clean and organized on a daily basis?

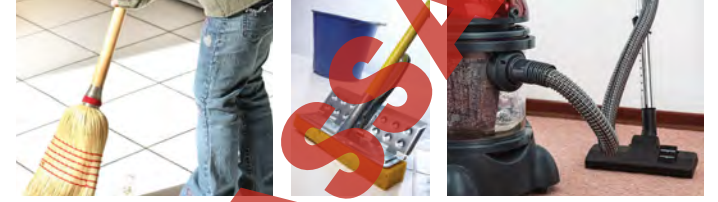


Household Care: Cooking, Laundry and Cleaning

A clean house will keep away germs. Dusting every week will help against allergies. This means no more sneezing and itchy eyes. Don't forget to sweep, mop and vacuum.

Hygiene Tip

In between cleaning, tidy up your home. Put away dirty dishes, fold clothes, and stack books and magazines.



Wash windows and mirrors with a glass cleaner. Use kitchen cleaner for the kitchen. Use bathroom cleaner for the bathroom. The sink, toilet and tub will need special attention as well.

How to do Laundry

1. Treat stains with a stain remover.
2. Separate whites and colors.
3. Measure detergent and fabric softener.
4. Pick the water temperature.
5. Pick your setting.

You will have to do laundry once a week as well. During the day, your clothes get dirty. It is important to always wear fresh, clean clothes every day.

Santiago is washing his new shirt for the first time. He looks at the instructions on the tag. Using the chart, find out what the instructions on the tag means.

| | | |
|---------------------|-------------------|-------------------|
| Machine Wash Cold | Machine Wash Warm | Machine Wash Hot |
| Hand Wash | Do Not Wash | Bleach as Needed |
| Non-Chlorine Bleach | Do Not Bleach | Tumble Dry |
| Tumble Dry Low | Tumble Dry High | Do Not Tumble Dry |
| Iron Low | Iron Medium | Iron High |
| Do Not Iron | Dryclean | Do Not Dryclean |

| | | |
|-------------------------------|--|-------|
| Small - Medium Made in U.S.A. | | _____ |
| 94% Polyester 6% Spandex | | _____ |
| | | _____ |
| | | _____ |



Household Care: Cooking, Laundry and Cleaning

1. Put a check mark (✓) next to the answer that is most correct.

a) What is the first thing to do when cooking?

- A Cut the food.
- B Cook the food.
- C Eat the food.
- D Rinse the food.

b) Which food can be cooked to different temperatures?

- A Steak
- B Chicken
- C Pork
- D Lamb

c) What is an example of 'tidying up'?

- A Doing the laundry.
- B Putting away clothes.
- C Dusting the furniture.
- D Cleaning the bathroom.

2. How do you do laundry? Put the steps below in order.

- _____ a) Separate whites and colors.
- _____ b) Choose your setting.
- _____ c) Choose the water temperature.
- _____ d) Treat stains with a stain remover.
- _____ e) Measure detergent and fabric softener.



Household Care: Cooking, Laundry and Cleaning

3. It's Elias' turn to clean the house. He has three rooms to clean: living room, bathroom and kitchen. He has the following things to help him clean:



Mop



Sponge



Vacuum



Dusting cloth



Glass Cleaner



Cleaner



Broom



Gloves

Make a list of tasks for Elias to clean each room. The first has been done for you.

Living Room

Sweep the floor with the broom.

Bathroom

Clean the mirror with the glass cleaner

Kitchen

Wash the sink with the cleaner, sponge and gloves.

Graphic Organizer

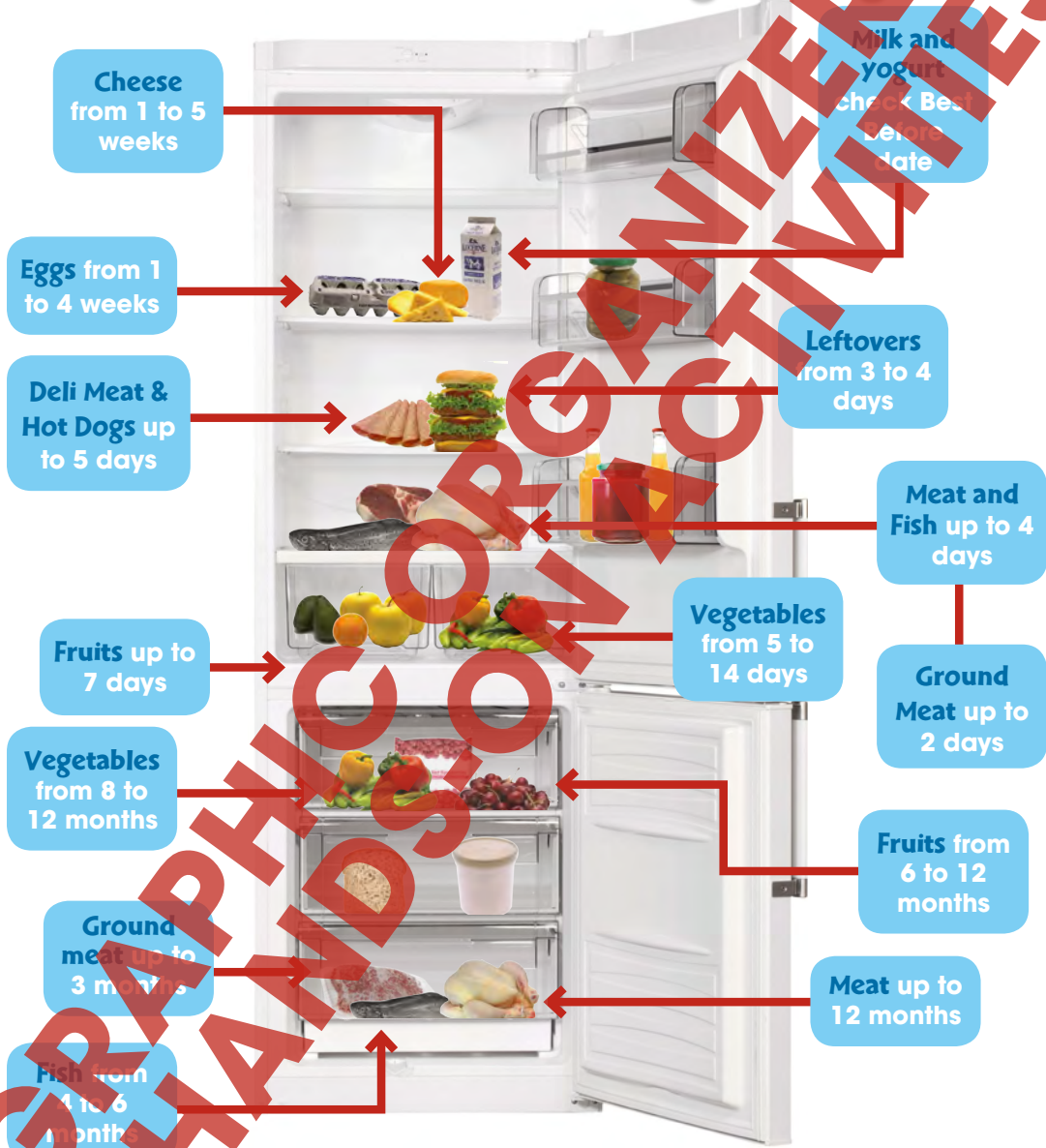
4. Use the graphic organizer on page 30 to learn where food goes in a fridge.

How you store your food is very important. Some foods can be stored in a pantry. Most foods will need to be stored in a fridge or freezer.

Where you store your food in a fridge is also important. Follow the guide in the graphic organizer to learn how to properly store food in a fridge. Use the callouts to know how long each food will keep.



Short-Lived Food Storage Diagram



Crossword Puzzle!

Across

- What you show when you're sick.
- You get this from what you eat.
- You take this when you're sick.
- Do this to any surface when cooking.
- Some people become _____ to drugs.
- When you use drugs too much.
- People you don't know.

Down

- What your weight should be.
- Brushing your teeth and hair.
- Burn more of these than you eat to lose weight.
- What's around you.
- Doing this will help you lose weight.
- Eat in _____ to stay fit.
- Being careful about something.
- Small things that can make you sick.

Word List

addicted
body mass index
calories
drug abuse
essential nutrients
exercise
germs
hygiene
medicine
moderation
sterilize
strangers
surroundings
symptoms
wary

Comprehension Quiz

Part A

Circle TRUE if the statement is TRUE or FALSE if it is FALSE.

- Your weight is a way to track how fit and healthy you are.
TRUE FALSE
- How you look and smell sends a message to others.
TRUE FALSE
- Steak and chicken are safe to eat raw.
TRUE FALSE
- If you eat more calories than you can burn, you will lose weight.
TRUE FALSE
- You can only get prescription drugs with a doctor's note.
TRUE FALSE
- Dentists say to brush once a day and floss twice a day.
TRUE FALSE

Part B

Put a check mark (✓) next to the answer that is most correct.

a) When should you wash your hands?

A After using the bathroom.

B After being outside.

C Before eating.

D All of the above.

b) What is NOT a step to take when your boundaries are crossed?

A Ignore them.

B Voice your discomfort.

C Get help.

D Protect yourself.

SUBTOTAL: /8

Food Pyramid

